



Aloha
saying hello and goodbye



**“ALOHA... to learn what
is not said, to see what can-
not be seen, and to know
the unknowable.”**

-Queen Liliuokalani

4-13 Seniors

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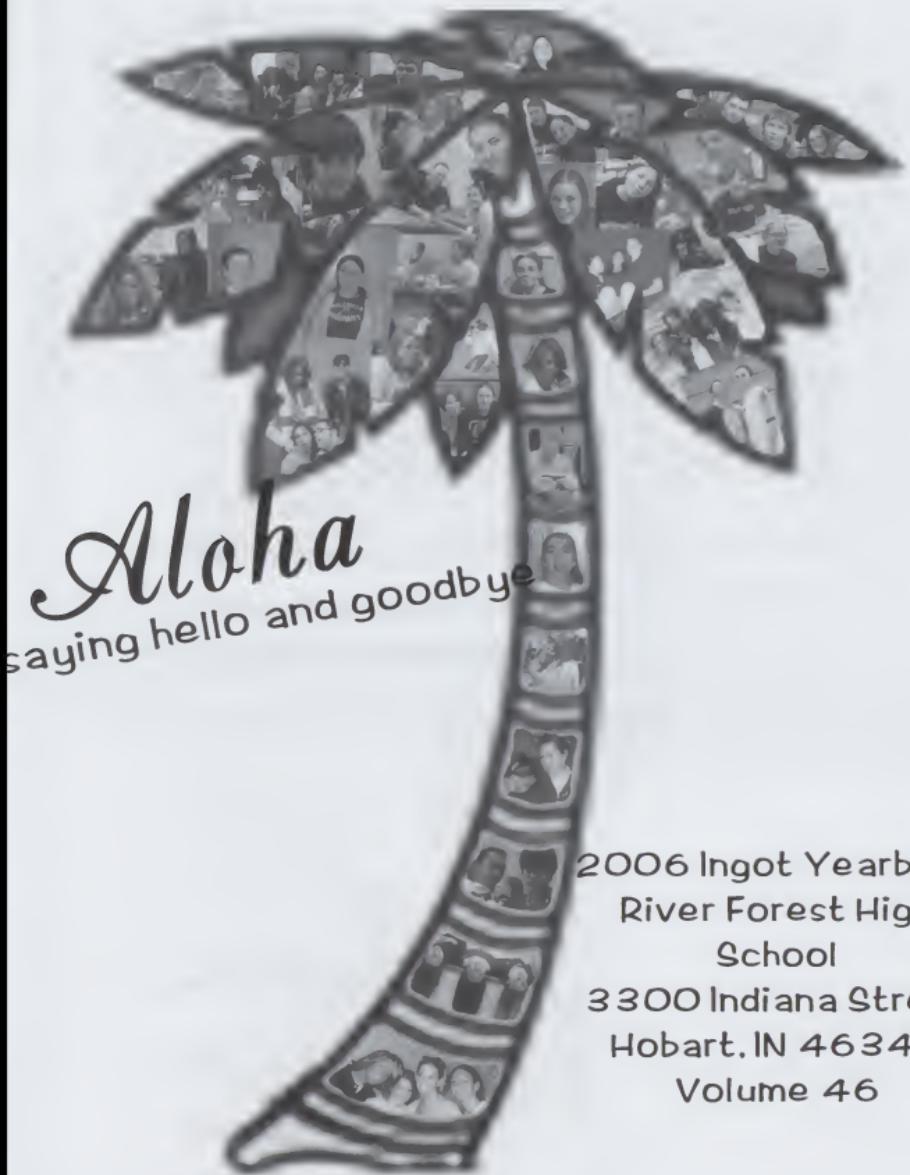
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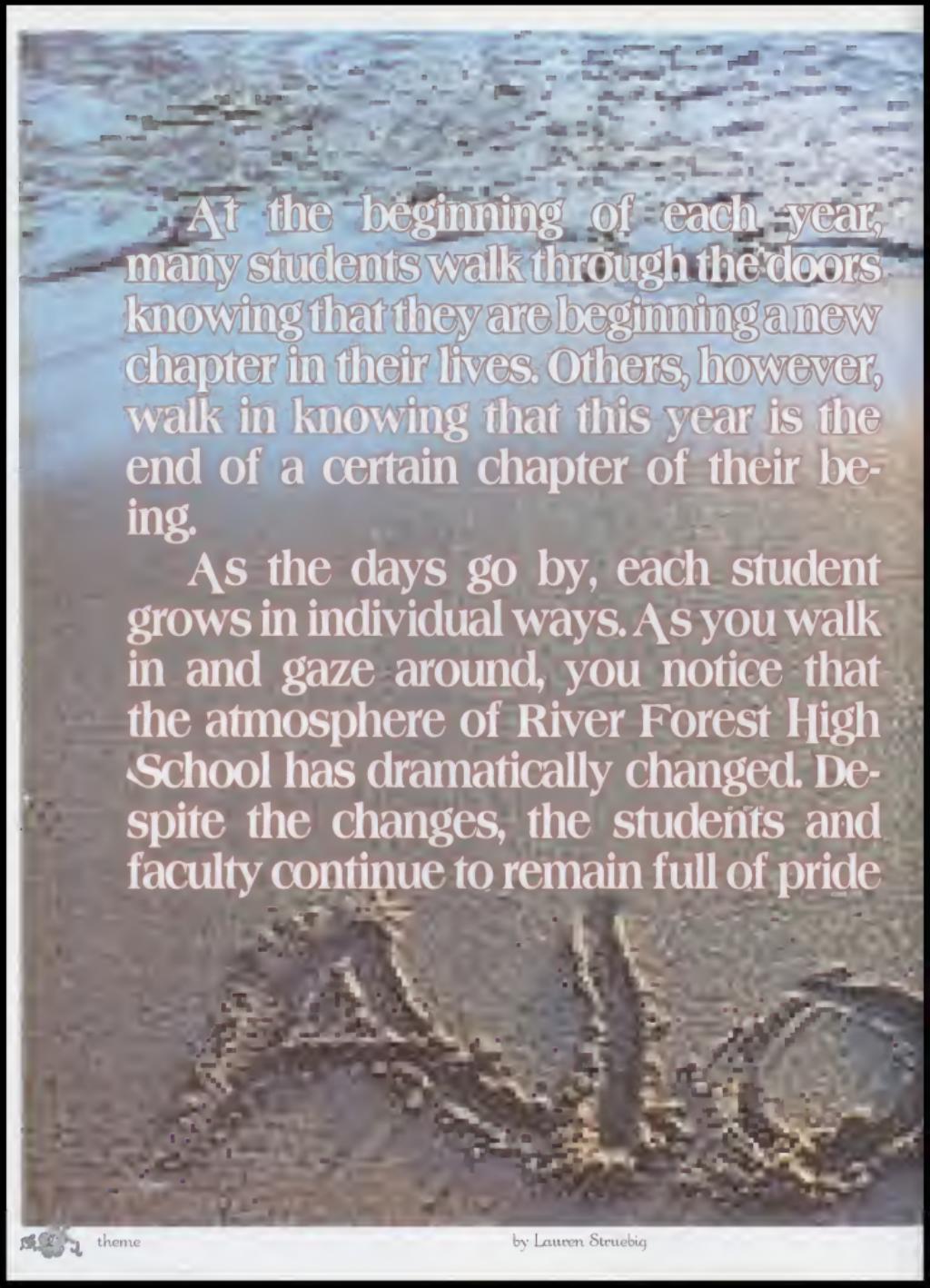


2006 Ingot Yearbook
River Forest High
School
3300 Indiana Street
Hobart, IN 46342
Volume 46

by Lauren Struebig and Vince Lopez

title page





At the beginning of each year, many students walk through the doors knowing that they are beginning a new chapter in their lives. Others, however, walk in knowing that this year is the end of a certain chapter of their being.

As the days go by, each student grows in individual ways. As you walk in and gaze around, you notice that the atmosphere of River Forest High School has dramatically changed. Despite the changes, the students and faculty continue to remain full of pride

and spirit. Although the school may be dramatically changing in appearance, the memories will not be forgotten.

Changes not only occurred in appearance, but also in faces. Many new staff members joined the River Forest faculty ready to establish their own memories.

The days come and go and almost instantaneously the year is over. With this book, we are saying *Aloha*; hello to new faces and goodbye to those who are graduating and moving on to continue the paths in their lives.

Senior



Most Dramatic
Theresa Friedrich
& Zachary Jasper



Best Dressed
Vincent Lopez & Angela Beaudion



Most Athletic
Terry Crofton & Mikal Minarich



Most Clumsy
Alexander Degman & Kimberly Saklak



Most Talkative
Jessica Stryszyk
& Ricky Long



The Quietest
Jacqueline Michalik
& Charles Peksenak



Class Couple
Ashley Milliken & Armando Menchaca



Superlatives



Class Flirts
Ashley Flores & Chandler Gill



Best Eyes
Tim Armes & Kathryn Lyle



Hallway Patrol
Carl Kurek & Kathryn Lyle



Best Hair
Vincent Lopez & Stephanie Ragan



Class Clowns
Chandler Gill &
Madaline Hardin



Most Spirited
Alisha West & Zachary Jasper



Teacher's Pets
Bethany Baker &
Salvatore Muffoletto





Tim Aguilar



Tim Armes



Randi Jo Bailey



Bethany Baker



Terry Crofton



Alexander Degman



Rebeca Dominguez



Ashley Flores



Theresa Friedrich



Lisa Halstead

seniors



Haley Hardin



Madaline Hardin



Joshua Hazelton

Life's
A
Beach

by Christina Burge



Christina Barti



Eunice Bojorquez



Christina Burge



William Cox



Elycia Delgado



Sarah Denton



Anthony Ferrell



Jillian Gallardo



Chandler Gill



Jonathan Herida



Ann Herring



Julia Horn



Lina Isaza

Senior



Future Clothing Designers
Angela Beaudion
& Vincent Lopez



Best Car
Brian Kapitan & Elycia Delgado



Worst Drivers
Jillian Lewis
& Jeremy Maza



Biggest Fibbers
Melissa Potts & Ricky Long



Most Photogenic
Vincent Lopez & Jessica Stryszyk



Most Likely to be Famous
Alisha West & William Cox



Cell Phone Junkies
Lisa Halstead & David Lopez



Superlatives



Best Dancers
Stephanie Ragan & Jesse Short



Life of the Party
David Lopez & Kathryn Lyle



Most Outrageous
Jillian Lewis & Chandler Gill



Best Smile
Carl Kurek & Stephanie Ragan



Most Likely to Succeed
Salvatore Muffoletto & Mikal Minarich



Best Tan
Vincent Lopez & Jessica Stryszak



Most Artistic
Nicholas Bruce, Krystal Erwin, Jacqueline Michalik & Jesus Renteria



Zachary Jasper



Carl Kurek



Jillian Lewis



Ricky Long



Jacqueline Michalik



Ashley Milliken



Mary Norman



Destiny Parris



Melissa Potts



Stephanie Ragan



Kimberly Saklak



Christina Shawkey



seniors

by Christina Burge



David Lopez



Vincent Lopez



Kathryn Lyle



Jeremy Maza



Mikal Minarich



Salvatore Muffoletto



Ayse Ozdede



Thu Pham



Jesse Short



Lauren Struebig



Jessica Stryzky



Alisha West



SENIOR CREDITS

Tim Aguilar

Tim Armitis: Track 1, Cross Country 1, 2, Football 1, 2, 3, Basketball 1-2, 3

Bandi Jo Bailey: Drama Club, French School band 1, 2, 3, Mentor

Bethany Baker: Drama Club 1, 2, 3, Student Council 1, 2, Softball 1, 2, Honor Society 1, 2, 3, 4, High School Band 1, 2, 3, 4, French Club 4, Mentor 1, Spell Bowl 2, Academic Bowl 2;

Christina Bartl-Villa

Angela Beaudion: Choir 1, 2, 3, Drama Club 1, 2, Homecoming Court 1, 2, 3, 4, Honor Society 1, 2, 3, Mentor 1;

Patrick Barrun

Funice Bojorque

David Bottos

Angela Broughton: Choir 1;

Nicholas Bruce

Christina Burge: Bowling 1, Track 1, 2, Cross Country 1, 2, 3, Yearbook 1, 2, French Club 1, Mentor 1;

Alexandra Chavez

Brandon Cottrell

William Cox

Terry Crofton

Alexander Degman: Drama Club 1, 2, Golf 3, French Club 1;

Elycia Delgado: Basketball 1, 2, 3, Student Council 1, 2, Softball 1, 2, 3, Honor Society 1, 2, High School Band 1, 2, 3, Mentor 1, 2;

Sarah Denton: Choir 1, 2, 3, Drama Club 1, 2, 3, 4, Honor Society 1, 2, 3, High School Band 1, Spanish Club 1, Newspaper 1, 2, Academic Decathlon 1, 2, Mentor 1, 2, Spell Bowl 1, 2, 3, Academic Bowl 1, 2, 3;

Rebeca Dominguez

Sarah Enoch

Krystal Erwin: Drama Club 1, 2, Softball 1, Academic Decathlon 1, 2, 3, Mentor 1, Spell Bowl 1, 2, Academic Bowl 1, 2, 3;

Anthony Ferrell: Mentor

Ashley Flores: Student Council 1, 2, 3, Yearbook 1, 2, 3, French Club 1, South Hill Malone 1, 2, Olch School Band 1, 2, 3, 4, 5, 6, French Club 1, Mentor 1, Cheerleading 1, 2, 3;

Theresa Friedrich: French 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 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417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000, 1001, 1002, 1003, 1004, 1005, 1006, 1007, 1008, 1009, 1000, 1001, 1002, 1003, 1004, 1005, 1006, 1007, 1008, 1009, 1010, 1011, 1012, 1013, 1014, 1015, 1016, 1017, 1018, 1019, 1010, 1011, 1012, 1013, 1014, 1015, 1016, 1017, 1018, 1019, 1020, 1021, 1022, 1023, 1024, 1025, 1026, 1027, 1028, 1029, 1020, 1021, 1022, 1023, 1024, 1025, 1026, 1027, 1028, 1029, 1030, 1031, 1032, 1033, 1034, 1035, 1036, 1037, 1038, 1039, 1030, 1031, 1032, 1033, 1034, 1035, 1036, 1037, 1038, 1039, 1040, 1041, 1042, 1043, 1044, 1045, 1046, 1047, 1048, 1049, 1040, 1041, 1042, 1043, 1044, 1045, 1046, 1047, 1048, 1049, 1050, 1051, 1052, 1053, 1054, 1055, 1056, 1057, 1058, 1059, 1050, 1051, 1052, 1053, 1054, 1055, 1056, 1057, 1058, 1059, 1060, 1061, 1062, 1063, 1064, 1065, 1066, 1067, 1068, 1069, 1060, 1061, 1062, 1063, 1064, 1065, 1066, 1067, 1068, 1069, 1070, 1071, 1072, 1073, 1074, 1075, 1076, 1077, 1078, 1079, 1070, 1071, 1072, 1073, 1074, 1075, 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1162, 1163, 1164, 1165, 1166, 1167, 1168, 1169, 1160, 1161, 1162, 1163, 1164, 1165, 1166, 1167, 1168, 1169, 1170, 1171, 1172, 1173, 1174, 1175, 1176, 1177, 1178, 1179, 1170, 1171, 1172, 1173, 1174, 1175, 1176, 1177, 1178, 1179, 1180, 1181, 1182, 1183, 1184, 1185, 1186, 1187, 1188, 1189, 1180, 1181, 1182, 1183, 1184, 1185, 1186, 1187, 1188, 1189, 1190, 1191, 1192, 1193, 1194, 1195, 1196, 1197, 1198, 1199, 1190, 1191, 1192, 1193, 1194, 1195, 1196, 1197, 1198, 1199, 1200, 1201, 1202, 1203, 1204, 1205, 1206, 1207, 1208, 1209, 1200, 1201, 1202, 1203, 1204, 1205, 1206, 1207, 1208, 1209, 1210, 1211, 1212, 1213, 1214, 1215, 1216, 1217, 1218, 1219, 1210, 1211, 1212, 1213, 1214, 1215, 1216, 1217, 1218, 1219, 1220, 1221, 1222, 1223, 1224, 1225, 1226, 1227, 1228, 1229, 1220, 1221, 1222, 1223, 1224, 1225, 1226, 1227, 1228, 1229, 1230, 1231, 1232, 1233, 1234, 1235, 1236, 1237, 1238, 1239, 1230, 1231, 1232, 1233, 1234, 1235, 1236, 1237, 1238, 1239, 1240, 1241, 1242, 1243, 1244, 1245, 1246, 1247, 1248, 1249, 1240, 1241, 1242, 1243, 1244, 1245, 1246, 1247, 1248, 1249, 1250, 1251, 1252, 1253, 1254, 1255, 1256, 1257, 1258, 1259, 1250, 1251, 1252, 1253, 1254, 1255, 1256, 1257, 1258, 1259, 1260, 1261, 1262, 1263, 1264, 1265, 1266, 1267, 1268, 1269, 1260, 1261, 1262, 1263, 1264, 1265, 1266, 1267, 1268, 1269, 1270, 1271, 1272, 1273, 1274, 1275, 1276, 1277, 1278, 1279, 1270, 1271, 1272, 1273, 1274, 1275, 1276, 1277, 1278, 1279, 1280, 1281, 1282, 1283, 1284, 1285, 1286, 1287, 1288, 1289, 1280, 1281, 1282, 1283, 1284, 1285, 1286, 1287, 1288, 1289, 1290, 1291, 1292, 1293, 1294, 1295, 1296, 1297, 1298, 1299, 1290, 1291, 1292, 1293, 1294, 1295, 1296, 1297, 1298, 1299, 1300, 1301, 1302, 1303, 1304, 1305, 1306, 1307, 1308, 1309, 1300, 1301, 1302, 1303, 1304, 1305, 1306, 1307, 1308, 1309, 1310, 1311, 1312, 1313, 1314, 1315, 1316, 1317, 1318, 1319, 1310, 1311, 1312, 13



Julia Horn: Choir

Cross Country 1, Basketball 1,2,3, Student Council 1,2,3,4, Volleyball 1,2,3,4, Tennis 1,2,3,4, French Club 1,2,3 Mentor 1,2;

Lina Isaza

Zachary Jasper: Drama 1, Cross Country 1, Baseball 1,2,3,4, Honor Society 1,2,3, High School Band 1,2,3, Mentor 1;

David Johnston

Brian Kapitan

Carl Kurek: Track 1, Basketball 1,2,3,4, Newspaper 1,2 Mentor 1,2;

Dannie Lewis

Jillian Lewis: Homecoming Court 1, High School Band 1,2,3, Cheerleading 1;

Justenie Long

Ricky Long

David Lopez: Mentor 1, Wrestling 1,2;

Vincent Lopez: Yearbook

1, High School Band 1, Newspaper 1,2,3,4;

Kathryn Lyle: Volleyball 1,2,3,4, Tennis 1,2,3,4, Basketball 1, Bowling 1,2,3, High School Band 1,2,3, Mentor 1;

Jeremy Maza

Armando Menchaca

Jacqueline Michalik

Ashley Milliken

Mikal Minarich: Cross Country 1, Basketball 1,2,3,4, Student Council 1,2, Homecoming Court 1, Volleyball 1,2,3, Honor Society 1,2,3, High School Band 1,2, French Club 1, Mentor 1;

Kristina Morgan

Salvatore Muffoletto: Yearbook 1, Honor Society 1,2,3, Spanish Club 1;

Mary Norman

Ayse Ozdede

Destiny Parris: Drama Club 1,2;

Douglas Patterson

Charles Peksenak

Thu Pham

Melissa Potts: Choir 1,2, Student Council 1,2,3, Honor Society 1,2,3,

Newspaper 1,2,3,4, Mentor 1, Cheerleading 1,2, Academic Bowl 1,2;

Stephanie Ragan

Jesus Renteria

Kimberly Saklak: Track 1, Basketball 1,2,3,4, Volleyball 1,2,3,4, Honor Society 1, High School Band 1,2,3;

Christina Shawkey

Jesse Short

Lauren Struebig: Bowling 1,2,3,4, Yearbook 1,2,3, Homecoming Court 1, Softball 1,2,3,4, Honor Society 1,2,3, High School Band 1, Newspaper 1, French Club 1;

Jessica Stryszyk: Track 1, Student Council 1,2,3, Yearbook 1, High School Band 1,2, French Club 1, Mentor 1, Cheerleading 1,2;

April Tuttilla

Alisha West: Drama Club 1,2,3,4, Bowling 1,2,3,4, Volleyball 1,2,3,4, High School Band 1,2,3,4, Mentor 1;

Elaine Zon



Spirit Week

Decade Day



Red and Gold Day



Pajama Day



International Day

Photo by D.J. Day



Sophomore Mikal Minarich was crowned 2005 Homecoming Queen. She is the former 2004 Homecoming Queen Victoria Laramore.

2005 Homecoming Court and their escorts (front row: Juniors Cristal Cieneros, Ashley Clark, sophomores Caitlin McPhee, Vanessa Centu, freshman Vanessa Bravo, Aritel Ochoa; row 2: seniors Stephannie Ragan, Jillian Lewis, Mikal Minarich, Ashley Flores, and Angeli Beaudion)



During the week preceding Homecoming, students show their spirit by participating in scheduled days, such as, International, Pajama, Wacky Tacky, Decade, and Red and Gold Day.



activities

by classmate Stryzak



For being a noble athlete, senior Terry Crofton is awarded 2005 Mr. Football.

Let's Get Ready To Rumble!!!

Football homecoming is the first highlight of the year. It is a time when classes battle to win the most spirit points. To gain points, each class chooses a theme and decorates their hallway, dresses up according to the scheduled theme, uses their brains in the spellbowl, and fills up their lungs to win the battle cry.

Senior Terry Crofton was not able to play in the game due to an injury, but was awarded Mr. Football. Although the Ingots lost the game, their pride never faded. During halftime, after the River Forest High School Band played pieces from *Phantom of the Opera*, senior Mikal Mitterich was crowned 2005 Homecoming Queen and displayed her flora later that night at the homecoming dance.

Football homecoming is not just a time to compete to see who is the best, but it is also a time to have fun and get involved in school spirit.



Seniors battle against the other classes to win the last event of the competition, the battlecry.



Freshman Katie Brown decorates the freshman girls' bathroom for their hallway theme.



Freshmen Peyton Hanson and Bonita Sharp at the 2005 football homecoming dance.

1. Senior Jillian Lewis with Sal Muffolotto
2. Senior Ashley Flores with David Rose
3. Senior Angela Beaudion with Chandler Gill
4. Senior Stephanie Ragan with David Lopez



HIGHLIGHTS

Sophomore Nathan Parker pushes past two defenders from the other team. He led the team with 15 receptions.



Varsity: front row:

, Nicholas Sovich, James Whitten, Ricky Long, William Jones, Juan Ciro, Michael Perkins; row 2: Mario Castillo, Benjamin Salor, Jane Esteph, Joshua Smith, Antonio Aroche, Corey Moreau, Nicholas Torres, Dannie Lewis; row 3: Nathan Parker, Shawn Dailey, Matthew Haag, Dennis Jones, Andrew Saalwaeer, Vernon Tucker, James Esteph, back row: Coach Jeremy Moore, Coach Tim Johnson, Coach Dave Blevins, Terry Crofton, Joshua Dawson, Phillip Podriac, Coach Ivan Torres, and Coach John Thomas



Sophomore Joshua Dawson leaps into the air catching an interception from the other team.



Junior Michael Perkins calls out to his receivers the play he needs them to run. Michael tied a state record this year with a 99 yard pass to sophomore Nathan Parker.



Boys on the varsity football team get together to pump themselves up before a game. "Our team was like a big group of brothers, we were so close together and we got along great," stated sophomore Corey Moreau.

Kinipōpō Peku

1994-95

Aloha to the new coaching staff the boys' varsity team welcomed this year. New head coach Mr. **Dave Blevins** was excited to come to River Forest and start a new season with new assistant coaches Mr. **Jeremy Moore** and Mr. **Ivan Torres**. "It was a difficult year that brought several challenges, like low numbers, learning a new system, and changing work habits. I'm proud of the men. They made some headway, but we are not satisfied. We are looking for a more positive season next year," stated Coach Dave Blevins. The varsity team ended the year with a record of 1-9. Their only win came against the Covert Bulldogs during the Bulldogs' homecoming. "When we won, it was the best feeling ever. It pumped us up so much," stated junior **Antonio Arocho**. The final score was 35-30. At the sports awards banquet, junior **Michael Perkins** was this year's Most Valuable Player. Senior **Terry Crofton** received the Mental Attitude award, while junior **Nicholas Sovich** was named the Most Improved Player. Nick also lead the team with the most tackles having 73 and junior **Vernon Tucker** had the second most with 65. "The guys here are great. They work hard and are dedicated. Next season we will have a lot of things to build on," stated assistant coach Mr. **Moore**. "I am looking to see better seasons in the years to come. Our defensive line is very young and next year we'll be very tough," stated coach John

Thomas. With hopes for a more promising season next year, the returning boys' varsity team will train intensely over the entire year.



Senior Spotlight



Senior **Terry Crofton** was picked for the senior spotlight because of his experience on the football field. Terry played all four years on varsity and was this year's Mr. Football. His most memorable moment was last year's game against River Valley because they out scored them. Terry had 4 touchdowns, his best game ever.

Senior **Juan Giro** and freshman **William Jones** and **James Whitten** walk to the line of scrimmage ready to play some defense.





Varsity: front row: Amanda Russi, Nicole Goin, Ashley Clark, Jennifer Perez; row 2: Erica Havens, Natalie Sovieh, Kathryn Lytle, Sherri Sist, Angel Trinidad; back row: Coach Amy Woynaroski, Coach Bob Woynaroski, Kimberly Saklak, Mikal Minarch, Alisha West, Julia Horn, Coach Courtney Quigg, and Coach Rachel Lightfoot.



J.V.: front row: Teresa Bravo, Jennifer Ordway, Ashley Richardson; middle row: Illiana Arocho, Amanda Kisner, Amanda Walsdorf; back row: Coach Amy Woynaroski, Mecca Walker, Samantha Sendejas, Caitlin McPhee, Anne Wolff, Vanessa Bravo, and Coach Bob Woynaroski.



Freshmen Team: front row: Amanda Pennington, Ashley Verdúzeo, Natalie Sovieh; row 2: Nicole Goin, Desree Walley, Nicole Sheer, Coach Courtney Quigg, Sherri Sist, Samantha Sendejas; back row: Alyssa Trinidad, Vanessa Bravo, Sonia Lopez, Gerica Brown.



Senior Mikal Minarch spikes the ball past the defenders. She lead the team in kills and assists.



Members of the varsity volleyball team stand on the top of the bleachers to stretch out their calf muscles. The team always stretched out their muscles before their home games. They also did other warm ups as well to get ready to play their best.

Kahakai Kinipopo

Congratulations to the girls' volleyball team for an outstanding season. This year the varsity volleyball team won the Hobart Invitational crushing the Hammond Clark Pioneers for the title in two games. This was the first time in Ingot history they won this tournament. They also had a tremendous record of 21-10. The varsity volleyball team broke the "most wins during a season" record. The junior varsity also showed some improvement welcoming new players to the team and hopefully will continue the good work as they move up to the varsity level next year. The freshmen team had the most players over this season and ended it with a record of 7-1, showing some promising success for the next couple of years. Coach Courtney Quigg said, "I am so proud of the girls. They like to get aces during a match. They had over 100 aces in only ten matches." During awards night, Coach Bob Woynaroski, getting teary-eyed while speaking, said some heartfelt words about senior Mikal Minarich. "It is an honor to have a person of this caliber play for you. I will truly miss her." Also at the awards night, Mikal Minarich was honored with the Most Valuable Player award while junior Amanda Russi received the Most Improved award and senior Julia Horn earned the Cynthia Sawyer Mental Attitude award. During the match against the Marquette Blazers, the Lady Ingots played an exciting game. Despite losing, the players received a standing ovation from the entire crowd. "It was the most unbelievable

thing how they were honored from the people rooting against them. This has never happened to me before. This shows you how good our team really is," stated Coach Bob.

Senior Spotlight



Senior Mikal Minarich played all four years of her high school career as center and hitter. Her most memorable moment was when they won the Hobart Invitational because it has never been done before. For future players she leaves some advice. "Push as hard as you can because your last year comes quick."



Senior Julia Horn slides on her knees to save the ball, while junior Jennifer Perez gets ready to help her out. Both Julia and Jennifer were members of the varsity team.



Junior Jonathan Elea admires his fans before serving his last serve of the season. This was Jon's first year playing on the varsity tennis team.



front row : Brandon Slack, Trenton Halecomb, Jonathan Elea, Juan Ceja, Scott Guel; back row: Coach Rodney Thompson, William Cox, Salvador Guel, Armando Monchaca and Kenneth Soria.



With all the power he has, senior Armando Monchaca returns the ball to the opposing team. Armando was awarded with Best Mental Attitude, and he ended his season with 10-5.



Bouncing the ball before serving, sophomore Brandon Slack thinks of a new strategy to get his serve past the defender.



Four year letter winner, senior William Cox, makes his last attempt to make a point in this match. William had a record of ten wins and six loses.

Kenika Simsal

Boys' varsity tennis had their ups and downs during their competitive season. The boys had a winning season of 13 wins and 6 losses. This year at sectionals the boys took home a win. Although at regionals the boys were defeated by the Merrillville Pirates, they still tried their best at winning. This is Coach Rodney Thompson's second year coaching the boys and he stated, "I thought the team did an outstanding job of continuing another winning tennis program." The boys were concentrated and focused while playing. By doing that, they were able to win many matches. Having a record of 15-2 and playing number one doubles, juniors Salvador Guel and Kenneth Soria were announced Most Valuable Players of this year's tennis team. Senior Armando Menchaca had a record of 10-5 and played number two singles. He was awarded with the Best Mental Attitude award. Playing number three singles and having a record of 9-6, sophomore Brandon Stack received the Most Improved Player award. "We only had eight players this year and no freshmen played on the team. We need more underclassmen to join the boys' tennis team," Coach Thompson stated. The team will disappointingly be losing two key seniors, Armando Menchaca and William Cox. Hopefully in the following years many talented freshmen will join the boys' tennis team.

Senior Spotlight



Senior William Cox has been playing varsity boys' tennis for four consecutive years. Finishing this year he had a record of 10-6 playing number one singles. Billy's most memorable moment in tennis was, "Sophomore year sectionals. They were awesome!" With this being Billy's final year, he leaves the team giving some advice. "I want all underclassmen to work hard and never give up."

Junior Trenton Haleomb stands with confusion when his opponents call the tennis ball out of bounds. Trent played number two doubles with his partner Jonathan Elea. Their record was 12-4.

Junior Alexander Schneider keeps his concentration as he finishes the last mile of the race.



Varsity: front row: Ariel Ochoa, Amanda Kiser, Cristal Cisneros, Amanda Russi; row 2: Robeca Dominguez, Mikal Minarich, Kimberly Saklak, Julia Horn; back row: Zachary Jasper, Alexander Schneider, Coach Rusty Copeland, Jose Gallagher-Rivera, Luis Verdúzeo and Timothy Bandy.



After the race, junior Luis Verdúzeo rewards himself with a drink of water.



From left to right: senior Julia Horn, freshman Ariel Ochoa, juniors Cristal Cisneros and sophomore Amanda Kiser and senior Robeca Dominguez wait for the first call to take their stance as they get ready to start the race.

Ke'a'Aina

Starting off the season with not enough runners for either the boys' nor girls' team and a new coach, the cross-country program ended the '05-'06 season with less of a disappointment than assumed. Needing more runners, Coach Rusty Copeland decided to get more students involved in the Ingot sports program. Zachary Jasper, Alexander Schneider, Jose Gallerager-Rivera, Julia Horn, Amanda Kiser, Mikal Minarich, Kimberly Saklak and Arial Ochoa all stepping up to enhance the size of the team, joined Coach Copeland and the runners in morning practices, afternoon practices and new work-out techniques. Coach Copeland came to realize that with a bigger number in runners the team had a better probability of ending the year in a winning season. Leading the pack, Luis Verduseo and Rebeca Dominguez helped the coach shape the newcomers as the season went on. Proud of the results as first year coach, Rusty Copeland states "I am proud of my runners; they competed in a hard conference." Loosing seniors Rebeca Dominguez, Zachary Jasper, Julia Horn, Mikal Minarich and Kimberly Saklak, the coach hopes to have more students joining cross-country in the upcoming '06-'07 season.



Senior Spotlight



Senior Rebeca Dominguez was not only a four year letter and a two year captain, but also first runner for the ladies team all four years. During her four years in cross-country, Rebeca finished first at NAC in 2003 helping the team to take the first place trophy.

Senior Julia Horn finishes up the first mile of the race, and pushes herself harder to follow through strong.

The cheerleaders pose with the elementary students who participated in cheer clinic. The girls had a great time performing with the high school cheerleaders.



Cheerleading: front row: Christina Bartl Villa; row 2: Thu Pham, Erica Buckwalter, Britne Estes, Bonita Sharp, Angie Aguilar, Hermine Robinson, Jill Wolfe, Lisa Halestead; row 3: Alyssa Klimek, Candella Fernandez, Ashley Craven; row 4: Theresa Friedrich, Sharon Schmidt, Ashley Flores, Kristen Singer back row: Jessica Stryzyski.



The cheerleaders keep their fingers crossed in hope that the boys will succeed after making their free-throw shots.



The girls practice their stunts before each game to ensure safety and to prevent accidents. The squad made it through the entire season without any serious injuries.

During a time-out, the cheerleaders start a cheer to get the crowd fired up. In return, the squad received excellent crowd participation and school spirit.

Ho'olana Cheerleaders

This year's cheerleaders were very enthusiastic to increase school spirit. The girls spent many hours practicing to perfect their cheers, stunts, and routines, beginning with their summer conditioning. Their hard work and dedication continued throughout the school year with longer practices for competition. The squad was led by captain **Jessica Stryzak** and co-captains **Ashley Flores** and **Lisa Halstead**, the squad's three seniors. Coach **Christine Gaffner** and assistant coach **Maria Salazar**, as well as the cheerleaders themselves, used their creativity to put together routines to perform for homecoming and cheer clinic. The cheerleaders did a smashing performance at the homecoming pep rally to the song *Dude Looks Like a Lady*. This performance included freshman **David Hamilton**, who was a flier in the stunts. For cheer clinic, 79 elementary students performed alongside the cheerleaders to the song *Hollaback Girl* by **Gwen Stefani**. After football season, the squad was expanded by the addition of five boys. The boys' strength enabled the squad to do more difficult stunts. The cheerleading squad used some of these stunts for their cheerleading and dance performance at the Midwest Cheer Competition on March 19. The squad won 2nd place and also brought home the Spirit trophy for the 2nd year in a row.



Senior Spotlight



Senior **Ashley Flores** was in cheerleading for three years, and one of this year's co-captains. Ashley received the MIP award. Senior **Jessica Stryzak** was a cheerleader for 2 years and this year's team captain. She was awarded MVP. Senior **Lisa Halstead** was a cheerleader for two years and was the squad's other co-captain.

The cheerleaders lead their classes in the battle cry during the football homecoming pep rally.



Spirit Week

College Day



Wacky Tacky Day



State Day



Red and Gold Day



Pajama Day



Seniors Zachary Jasper and Alisha West pose after being awarded the 2006 Miss and Mr. Ingot Spirit. They were chosen to be Mr. and Miss Ingot Spirit by being voted by the entire school.

2006 Homecoming Court (seniors Rebecca Dominguez, Chandler Gill, Madeline Herdin, Vincent Lopez, Julie Horn, William Cox, Mikal Minarich, Carl Kurek, Alisha West, and Zachary Jasper)



Before the big traditional homecoming game students dressed up according to certain days to earn their class spirit points. The days were pajama, college, wacky tacky, state, and red and gold day. Many students participate in dressing up for these days hoping to win first in spirit dress up days.



activities

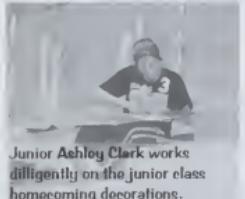
by Jennifer Ordway



Senior Mikal Minarich and Terry Crofton were announced Mr. and Miss Basketball also on homecoming night. There to pass on the title, previous award winners, Roelio Cisneros and Michael Carver congratulate them on the job well done.



Freshman Meriah Milliken and junior Jessie Cox share a slow dance together after the game.



Junior Ashley Clark works diligently on the junior class homecoming decorations.



Freshmen Angola Aguilgar and Ashley Verduseo try creating more decorations to put up for their section of the gym.

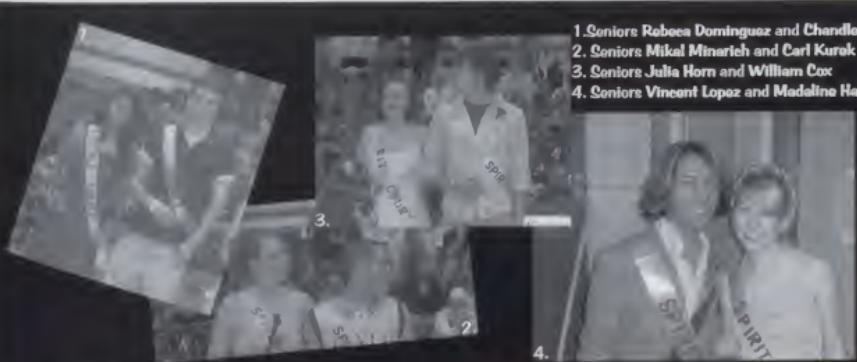
Homecoming under Construction

Basketball Homecoming 2006 was far different from all the other homecomings held at River Forest. This year basketball homecoming did not consist of hallway decorations. Due to construction, each class had a section of the high school gym to decorate according to each class's theme for spirit points. The Seniors took an overall victory this year, with the Juniors coming in second, sophomores third and finally the freshmen in fourth.

At half-time of the homecoming game, Terry Crofton was announced Mr. Basketball. Miss Basketball was awarded to Mikal Minarich. After awarding Mr. and Miss Basketball, Mr and Miss Igot Spirit were announced. Zachary Jasper won the title of Mr. Igot Spirit 2006. Miss Igot Spirit was presented to Alisha West.

Junior class president Cristal Cisneros stated, "I think it was better that we were able to decorate the gym instead of the halls because it was easier for everyone to see."

1. Seniors Rebeca Dominguez and Chandler Gill
2. Seniors Mikal Minarich and Carl Kurek
3. Seniors Julia Horn and William Cox
4. Seniors Vincent Lopez and Madeline Hardin



HIGHLIGHTS



Front Row: Ricky Long, Coach Joe Burleson, Coach Jason Quigg, Coach Pete Jimenez, Tim Armet, row 2: Carl Kurek, Terry Crofton, Joshua Dawson, Armando Menchaca, Jonathan Elea, Nathan Parker, back row: Salvador Guel, Jeremy Jansen, Michael Perkins.



Front Row: Trent Haleomb, Coach Joe Burleson, Coach Jason Quigg, Coach Pete Jimenez, Kenneth Soria, row 2: Brandon Slack, Timothy Bandy, Luis Vorduzco, Corey Moreau, back row: Greg Stokes, Michael Kosinski, Tony Arocho.



Front Row: Alex Vargas, Coach Joe Burleson, Coach Jason Quigg, Coach Pete Jimenez, Mychal Ferrell, row 2: Ivan Soria, Justin Fiseus, Joseph Rodriguez, Nicholas Patterson, Jonathan Bojorquez, Terrance Mister, Phillip Podrica, Alex Turniski, Bruce O'Beir



Senior Armando Menchaca concentrates on the free-throw he is about to attempt.



Junior Greg Stokes jumps high into the air to make an easy lay up. Greg was one of the few players that could dunk the basketball.



Coach Jason Quigg briefly takes a time out to talk to his exhausted players. They later lost the game, but Mr. Quigg was happy with their performance and hopes that they continue their success.

Kinipopo hina 'I maga'asibog, shaq

The Boys' Varsity Basketball team had a rough start this season. After losing to their rival, Lake Station, the boys started a losing streak but soon terminated it by beating Lacrosse. After their victory, the boys performed much better. They won their rematch against Lake Station dominating them by 13 points. "I was so pumped up for that game. Since they were at our house, I wanted to beat them badly," stated sophomore Nathan Parker. The junior varsity squad had an excellent season. The team won the conference tournament by beating Argos High School. They ended their season with a record of 9-11. The junior varsity team could not face Lake Station due to the lack of players Lake Station had. "I was sort of angry that we couldn't face Lake Station, but next year we will beat them for sure!" stated junior Vernon Tucker. The conclusion for the boys' varsity season was that they beat Lacrosse and advanced to the sectional semi-finals, where they were beat by the Whiting Oilers. The boys will continue to practice during the off season in turn to make next season more successful.



Senior Spotlight



Senior Carl Kurek was picked for this year's senior spotlight because of his love for the game. "I wish I would have worked harder to make myself better, but even though I didn't accomplish much as a player, I'd still go back and do it all over again in a heartbeat," stated Carl.

Senior Terry Crofton scores a lay up with one hand over one of the Bobcats' players. Terry was a captain and leader on the team. He also was the Mr. Basketball recipient for the 2005-2006 season.





Varsity: front row: Ariel Oehoa, Alyssa Trinidad, Cristal Cisneros, Amanda Russi, Angel Trinidad. row 2: Natalie Sovieh, Nakita Green, Mikal Minarich, Kimberly Sakkak, Jennifer Ordway, Rebeea Dominguez.



J.V. front row: Alyssa Trinidad, Mycal Walker, Alyssa Cuba, Ariel Oehoa, Tiffany Deaton, Vanessa Bravo. row 2: Sonia Lopez, Fallon Lucas, Nakita Green, Natalie Sovieh, Andrea Kisner, and Coach Rodney Thompson.



Varsity head coach, Mr. Richard Heevelin, takes a full time-out for the Varsity team to switch up the defense.



Sophomore Nakita Green shoots a free throw, and scores. Nakita was a member of both the varsity and the junior varsity basketball team.



Juniors Cristal Cisneros, Jennifer Ordway and Angel Trinidad all box out the defending team for an offensive rebound. These three girls will all be important returning players.

Kinipopo hinan

mag 739, sp 05



Girls' Varsity Basketball had a tough year coming into the new season. With only two experienced returning members, coach Richard Heavilin had to work hard on getting a team with little varsity experience ready to play some competition. The Lady Ingots ended their season with a record of 4-17. The junior varsity had a good season with new coaches, Mr. Rodney Thompson, and assistant varsity coach, Mrs. Courtney Quigg. The junior varsity ended their season with a record of 9-11.

Second year returning varsity coach Mr. Aaron Owney stated,

"Scoring was our weakest aspect, but our defense was strong.

The girls put a lot of effort to improve, but in order to be successful they have to be focused in practice." "I am glad that the team has come together and worked hard all season, even without the people who were hurt, we've won some pretty important games," stated Mr. Heavilin. "The best game that our team played was the game against Whiting. They came to our house expecting to beat us, but the girls played so well that we won by two," stated Coach Rodney Thompson. The girls also have some more things to be proud about. They beat their long-time rival Lake Station. During homecoming the team picks a senior that shows the best abilities and attitude on the court as Miss Basketball. This year's Miss Basketball was senior Mikal Minarich.



Senior Spotlight



Senior Mikal Minarich was picked for this year's senior spotlight because of her ability to excel on the court. She was the only one on the team to letter all four years. Her most memorable moment was last year's game against Michigan City Marquette. She scored in the twenties. It was the most she ever scored in a game.

Freshman Sonia Lopez goes up strong for a shot and gets fouled. "I love playing basketball, I am glad that I was a member of the team," stated Lopez.



Freshman Derek Stokes stands on the podium after finishing sixth at sectionals. "I was happy that I placed at sectionals as a freshman."



Varsity: front row: Jane Esteph, Derek Stokes, Pablo Ceja, row 2: Coach Tim Gault, James Esteph, Joshua Smith, Benjamin Saylor, Joe Shultz, Coach John Thomas.



Freshman Benjamin Saylor gets ready to get away from his opponent at the sound of the whistle. This was his first year to letter.



Sophomore James Esteph tries to put his defender in a cradle. This is his second year to letter in varsity wrestling.



Sophomore James Esteph and younger sister freshman Jane Esteph sit next to each other while watching their teammate wrestle. Jane and James were the first brother and sister to letter in the same two varsity sports, wrestling and football, in River Forest history.

Pauma Buffaloes

This year's wrestling team had a major improvement with team members. Last year, the team only had two determined athletes who stuck with the program. This year, Pablo Ceja and James Esteph returned and were happy to see more faces. New members on the team were Jane Esteph, Benjamin Saylor, Joshua Smith and Derek Stokes. Despite losing long time head coach Kevin Persley, new head coach Tim Gault looks to improve on their season. "I am happy to see more people out than last year. Our focus is to build a team and have more wins," stated Mr. Tim Gault. Only two members of the team placed at sectionals. "Next year we want more wrestlers to place and advance. It would be nice to see a state champion soon," stated sophomore Pablo Ceja. The team also had a member, freshman Daniel Salinas, who was ineligible to wrestle but still came to practices and helped the others as a wrestling partner. "I hope that next year I will wrestle 215lbs. and win all the matches I go into," stated freshman Daniel Salinas.



Sophomore James Esteph takes a picture after placing sixth at sectionals. "Next year I hope to advance to regionals."

Sophomore Pablo Ceja demonstrates how to do a take-down move. He was a key member and captain to the wrestling team.



Boys Bowling: Coach Jim Dailey, David Rose, Jason Lopez, William Jones, Shawn Dailey, Matthew Crum and Garrison Dixon.



Girls Bowling: front row: Kathryn Lyle, Ashley Clark, Lauren Struebig; row 2: Jessie Bandy, Ashley Richardson, Alisha West; back row: Coach Jim Dailey.



Flintoning her way up the lane, Senior Alisha West loosens up during shadow bowling by putting on a show for her teammates.



Sophomore Jessie Bandy approaches the foul line with high hopes of rolling a strike.



Freshman Shawn Dailey holds his pose as he keeps his eye on the target.



Maika Sajmog

The boys' team made huge improvements this season in comparison to last year. This year, the team finished second place in conference and second in sectionals allowing them to advance to regionals for the first time. Also advancing to regionals was sophomore Jason Lopez who placed fifth in the individual competition. Unfortunately, the boys' season ended at regionals, but they are looking forward to having a similar season next year.

The girls' team also had a successful season. Finishing as co-conference champs and sectional winners, the ladies had a final record of 8-2. At sectionals, seniors Kathryn Lyle, Alisha West and Lauren Struebig all advanced in the individual competition. Kathryn and Alisha did not go farther than regionals; however, Lauren advanced to regionals, giving her a chance to bowl at semi-state. Next year the girls team will have many spots to fill due to the loss of three seniors on the



Senior Spotlight



Senior Lauren Struebig was not only a four year bowler for River Forest, but also she has been bowling since she was very young. Lauren was sectional champ her sophomore year, and bowled a career high series of 654 at regionals her senior year. Lauren states "I loved bowling with my team. I am going to miss all of them very much."

The girls team celebrates after winning the sectional title. The girls creamed their competition by almost 300 pins.



Junior Nathan Michalik runs the eight hundred at Lake Station. It came down to the last relay, and the boys won the meet.



Varsity: front row: James Gildersleeve, Pablo Ceja, Timothy Bandy, Mario Castillo, Ivan Soria, James Stover; row 2: Joshua Ables, Jeremy Spencer, Nathan Parker, Gregory Stokes, Vernon Tucker, Derek Stokes, Juan Ceja; back row: Coach Jack Burton, Luis Verduzco, Matthew Haag, Nathan Michalik, Robert Garcia, Rafael Ochoa and Coach Jim Weitzel.



Capturing the Nathan Michalik's race ready to compete in the 800 meter dash.



Senior Juan Giro practices his shot-put for the upcoming event.



Freshman Derek Stokes helps rake the sand before his turn to jump. This was Derek's first year on the boys' track team.



Kapuā'i boy's track

The boys' track team finished up a very good season with a record of 9-12. Coaches Jim Weitzel and Jack Burton did a great job together coaching the team through many wins and unfortunate losses. On the bright side, the team won NAC for the fourth year in a row. Junior Vernon Tucker was listed as the number one hurdler with the best time in the 110 meter high hurdles in Northwest Indiana and also broke the record for that event. The team consisted of 22 high school boys who put forth all they could to make this season a memorable one. Sophomore Luis Verdúzco stated, "We had a really strong team, we all did a very good job, and I can't wait for next season." Also, Coach Jim Weitzel said, "Losing one good senior, next year we still can look forward to a great track team with a new group of freshmen." The coaches are also really excited for the upcoming season because the new freshmen will be more familiar with Coach Weitzel being that they were his students in the junior high.



Senior Spotlight



This is Juan Giro's fourth year on the high school track team. He lettered in all four years. He did his personal best in the shot-put (39 ft. 4 in.) and the discus (108 ft. 10 in.). Juan stated, "My most memorable moment was when our team won NAC for the fourth year in a row."

Junior Anthony Guel smiles into the sun to take a picture. Although he was unable to play due to an injury, he came to every practice and meet.



Junior Cristal Cisneros excels in her first year of poll vault. Proceeding up the run way, Cristal sets her personal goal at seven feet.



front row: Theresa Friedrich, Cristal Cisneros, Amanda Kisnor, Moriah Milliken, Payton Hanson, Thu Pham; Second row: Jane Esteph, Cristina Bartl Villa, Gorica Brown, Noronza Szparaga, Michelle Garcia, Ariel Ochoa, Vanessa Bravo; back row: Rebeca Dominguez, Tasha Esteph, Brittany Langston, Valerie Villareal, Megan McCroskey, Ashly Thews. Coach Patricia McNabb



All the Lady Ingot track runners got their minds off the stress of competing against nine other high schools in the Gary sectional by taking a time out to snap some goofy photos of themselves.



Junior Tasha Esteph stops for a snap shot after emptying out the sand from her spikes. Tasha says, "Long jump is a great way to play in the sand!"



With all runners concentrating on placing in the top four spots in order to get out of the Gary sectional, senior Rebeca Dominguez on the far right takes her stance before participating in the start of the 16 meter run.

Kapua 'I fall spring

Girls track had their ups and downs during their competitive season this year, but in spite of everything, they stuck together and held their heads up high. The Lady Ingots know the importance of high spirits and breaking personal goals. Only losing senior **Rebecca Dominguez** and foreign exchange student **Theresa Friedrich**, the returning runners for next year are optimistic about pulling together and training hard to have a winning season for the 2006-2007 season. In the midst of all their hard work, the team had many fun times. "The track team is more than a team we are like sisters. We support one another to the fullest and look forward to next year," states sophomore **Ashley Thows**. Team member **Rebecca Dominguez** confesses, "I'll miss all the fun stuff us girls do like pushing each other over in the grass!" Having a down sloping season Coach Patricia McNabb concluded, "The end of the season did not turn out like we expected, but all the girls met their goals. With all returning members, we hope next year will have a better outcome."



Senior Spotlight



Senior Rebecca Dominguez has been on the track team all four years. Being the captain, Rebecca was the key placer in the distance events this year. After graduation, Rebecca will be participating in the Calumet Region Striders running program. Rebecca states, "I leave the team hard work and dedication to try and do their best. Remember always to never give up."

Junior Cristal Cisneros pushes her foot against her blocks preparing herself for the 100 meter dash at the sound of the gun. Keeping her eye on the finish line helps her to be a better competitor.





Front row : Angel Trinidad, Cristal Cisneros, Alyssa Trinidad, Amanda Kisner. Row 2: Jennifer Poroz, Lauren Strubig, Natalie Sovich, Ashley Richardson, Sherri Sisk, Alyssa Meentemeyer. Back row : Coach Courtney Quigg, Coach Joe Burleson, Elycia Delgado, Mikal Minarich, Erie Havens, Coach Rodney Thompson, and Coach Jim Dailey



Front row : Vanessa Bravo, Alyssa Trinidad, Cristal Cisneros, Alyssa Meentemeyer. Row 2: Amanda Kisner, Anne Wolff, Jacqueline Michalik, Desiree Walley, Tiffany Deaton. Back row : Coach Courtney Quigg, Coach Joe Burleson, Amanda Pennington, Mycale Walker, Natalie Sovich, Coach Rodney Thompson, and Coach Jim Dailey



Senior Mikal Minarich pitches a change up to the batter on the opposing team, striving to pitch a strike.



Freshman Natalie Sovich gets prepared for the batter to hit an infield grounder. This is Natalie's first year in high school softball and she is on the varsity team.



On a 3-2 count, freshman Alyssa Trinidad determines whether the ball being pitched will be a strike or a ball. Alyssa also helps the team out by being a second base player.



palu poe poe maghalas

Girls' Varsity Softball this year was lacking in enthusiasm. Having talent is different from having the drive. Many of the girls wanted to play, but they did not have the audacity to play. This year the girls ended their season with a record of 8 wins and 18 losses. "I enjoyed playing softball this season. I learned a lot more about the sport and its strategies, and I got closer to many players that I never thought I would have been hanging around," stated freshman Natalie Sovich. This year seniors Lauren Strubig and Mikal Minarich were named Most Valuable Players. The Best Mental Attitude award was given to freshman Alyssa Trinidad. Freshman Natalie Sovich received the Most Improved Player. This year the team will be losing four valuable seniors Jacqueline Michalik and Elycia Delgado, along with Mikal Minarich and Lauren Strubig. Each of them put forth their best effort for all of the years they have played. First year player junior Cristal Cisneros commented, "Softball was really fun with it being my first year. I felt the team did well and had a really good connection. There are still some things in the game I don't understand, but there is always next year." Cristal played on both the junior varsity and varsity.

Senior Spotlight



Senior Lauren Strubig has been playing softball since she was five years old. She has been on the varsity softball team for four consecutive years. This year she was the team captain, and also was named Co-Most Valuable Player. She will be missed because she was a great asset to the team.

Senior Lauren Strubig throws the ball to second base as a runner tried to steal. Lauren has been on varsity for four consecutive years.



Senior Zachary Jasper runs back to the dugout after scoring against the Lake Station Eagles.



Front row: Jeffrey Pendleton, Manuel Maldonado, Zachary Jasper, Jonathan Elea, Ronald Delhaye, Channing Parrott, Robert Kosinski, Michael Kosinski; **Back row:** Coach Rusty Copeland, Nathan Parker, Nicolas Patterson, Antonio Arocho, Jonathan Hutson, Jason Lopez, Michael Perkins, Corey Moreau, Aaron Lipford.



Junior Michael Perkins is ready to pitch a fast ball past the batter at the Lake Station game.



Freshman Michael Kosinski stops the ball at short-stop against Lake Station at the Railcats Stadium.



Sophomore Nathan Parker gets ready to defend his position as the game begins. Nathan was a valuable player this year leading the team in home runs.

kahua poepoe mpqps3bg

The boys' baseball team finished their season with a record of 5-18. Considering the lack of experience they had, the boys worked very hard to keep up with the larger schools they faced. The two new coaches, Mr. Rusty Copeland and Mr. Jeff Sygit, had many things to teach the younger players. Mr. Copeland stated, "We have two experienced pitchers in Ricky Long and Michael Perkins. After those two come junior Jonathan Elea, sophomores Corey Moreau and Nathan Parker and finally freshman Mike Kosinski." The boys won their first sectional game against Morgan Township, but fell short the second game against Kouts. The two new coaches were happy to bring a sectional win to this year's baseball program, and they hope to have similar success next season.



Senior Spotlight



This is Zachary Jasper's fourth year on the varsity baseball team. He has been a very important member of the team all four years. He has been a utility player, moving around to many different positions. "I had a fun season and I will miss it very much," stated Zach.

Junior Jonathan Elea prepares to throw the ball to second base. This is his third year being on the varsity team.



After hitting the ball, sophomore Dustin Peksonak returns his club and gets ready to head off to his next spot.



Front row: Timothy Bandy, Trent Haleomb, Kenneth Soria, Dustin Peksonak, Ulises Ayala; row 2: Shawn Dailey, Alexander Degman, Coach Jason Quigg, Brittney Robison, Jose Gallagher Rivera



Photo by Jessica Stryszyk



Senior Alexander Degman watches to see where he has hit the ball. This shot landed on the green.



Junior Trent Haleomb starts his swing, concentrating on the ball.



Kolepa

The varsity boys golf season began with a triangular on a cold day in April with a loss to Hobart, but a victory over rival Lake Station. The team continued to improve all season. "Our goal is to get consistently better each time we play," stated 5th year coach Jason Quigg. The team was lead this year by returning junior lettermen Kenneth Soria and Trenton Haleomb. Rounding out the top five were junior Timothy Bandy, freshman Shawn Dailey, and the only senior on this year's team, Alexander Degman. The end of the season came at the sectional where the Ingots finished 8th out of 14 teams. The final record was 6 wins and 12 losses, doubling their victories from the previous year. End of the year awards went to Shawn Dailey (Most Improved), Timothy Bandy (Mental Attitude), and Kenneth Soria (Most Valuable). With most of the team returning and playing a lot over the summer, the Ingot golfers look to have a very successful season in 2007.

*Special thanks to Mr. Jason Quigg for text and captions.



Senior Spotlight



Senior Alexander Degman was chosen as this year's senior spotlight for his motivation on the course. He participated in golf for three years. His motivational quote to his former teammates is "If you are good with your irons, use them."

Junior Ulises Ayala looks at the camera while hauling his golf bag to the next green where his ball landed.



Senior Julia Horn serves the ball to her opponent. Julia played number one singles.



Front row: Christina Gonzalez, Erica Buckwalter, Illiana Arocho, Samantha Sendejas, Theresa Bravo; row 2: Stephanio Melendez, Ashley Clark, Amanda Russi, Moriah Milliken; row 3: Coach Michael Slye, Ashley Flores, Candice Morse, Mikondra Jones, Julia Horn, Jessica Cox and Veronica Torres.



Junior Ashley Clark hits the ball over the net back to the opponent, hoping for a win.



Freshman **Samantha Sendejas** played doubles on the varsity team with sophomore Theresa Bravo.



Juniors **Veronica Torres** and **Amanda Russi** teamed up to play number two doubles on the varsity team.

Kenika Smylie, Tennis

This year's girls' tennis team started off with a positive outlook. The team was greeted by a new coach, Mr. Michael Sly, who was ecstatic to see so many girls interested in playing tennis. In the past, the girls' tennis team hasn't been very large, but this year there was enough girls to have a varsity and junior varsity team. Their first match, which was against East Chicago, was a total success. After the regular season, the team won their first sectional match against Gary Wirt. This was a big achievement for the team because they were missing their number one player senior Julia Horn. The team won the sectional championship at Lake Station and went on to regionals where their season ended after a 0-5 loss to Merrillville. The team finished with a 7-10 record. When asked how he felt about the season, Coach Sly replied, "I am very pleased with the way our season turned out. Winning sectionals was awesome. Even though we were missing Julia, we managed to rally together and capture the title for the second straight year. I am very proud of the team's attitude and work ethic."



Senior Spotlight



Senior Julia Horn has been in tennis for 4 years and this year she managed to beat the school's record of most wins. Her record was 64-8 in four seasons. Unfortunately, she had to undergo an emergency surgery for appendicitis, which ended her post-tennis season. She continued to cheer the team on at regionals.

Junior Amanda Russi waits with anticipation to hit the ball back over the net.





Junior Tianna Henderson takes over to view Trigonometry notes on the overhead.



Mr. Rusty Copeland instructs his advanced math class on how to properly draw the graphs they need to complete their assignments.



Mr. Tim Gault's students actively listen and watch as he instructs his class.



Using the overhead projector, Mr. Jack Burton teaches his math lesson as his Algebra students watch and listen.

Mr. Jack Burton instructs his geometry class while his students follow along with his book.



Mr. Michael Slye gives notes to his biology class while sophomore Nathan Parker writes them down for study purposes.



Mr. Al Detterline anticipates great grades as his students take a test.



Makemakika/Akeakamai Mathematics/ Science

This year the math department with Mr. Jack Burton as department head, who also teaches Geometry and Algebra I, worked vigorously with the students to meet the academic standards of Indiana. Mr. Al Detterline and a newcomer to River Forest, Mr. Rusty Copeland also put forth their effort to teach the young minds of tomorrow's future in classes such as Algebra I, intro to algebra, basic skills, Algebra II, AP Calculus and trigonometry.

This school year, the science department bid a farewell aloha to two great teachers as well as a welcoming aloha to a newcomer to River Forest. Mr. Michael Slye. He and Mr. Tim Gault worked enthusiastically with the River Forest students to teach them Biology I and II, Chemistry I, and earth/space science. These two teachers performed many scientific labs with the students to enhance their scientific concepts and further their knowledge in science.

Juniors Veronica Torres and Christina Carrilas work quietly as they complete their assignment for their math class.





Ms. Francie Blaney lectures a class. She often lectures her classes to give her students a better understanding of their literature.



Three of our staff members **Vincent Lopez**, **Salvatore Maffioletti** and **Lauren Strubig** look through an old yearbook to get ideas for their 2008.



Mrs. Sandra Mihalik gets taped to the wall after being named River Forest's Biggest Grinch. The Biggest Grinch contest was a fundraiser for the Senior Class.



Mrs. Sandra Mihalik poses with seniors **Angelia Boardman**, **Eunice Borjorquez** and **Victoria Lopez** while they show off their voice of the verb project.



by Ashley Flores



academics

Newspaper staff member junior Ashley Clark uses the new computer to work on her spreads to meet her deadline.



Ms. Francie Blaney explains an assignment to freshman Vanessa Bravo.



Mr. Jeff Sygit gives a lecture on "The Crucible" to his junior class.



Pelekane / Mo'olelo English/ Journalism

Along with other departments, the English department was greeted with a new teacher, Mr. Jeff Sygit. Mr. Sygit teaches junior English and speech. Mr. Sygit and Mrs. Sandra Mihalik took some of their students to see "The Crucible" play featured at Valparaiso University. Mrs. Mihalik took all the freshman English classes to see a "Romeo and Juliette" play that was also shown at Valparaiso University. Mrs. Mihalik teaches freshman and senior English. Her senior classes started the year off with a group

project. Also in the department is Ms. Francie Blaney, who teaches freshman and sophomore English.

Journalism was taught by another one of River Forest's new additions to its staff, Mr. Ricky Baron. The Journalism Department faced some technical difficulties this year, but the difficulties were soon resolved with the replacement of new computers. Despite the difficulties, the newspaper and yearbook staff did a great job working together to meet their deadlines.

Yearbook staff member senior Jessica Stryzak shows frustration from the technical difficulties.





Sophomore Amanda Klesner and junior Anna Wolff dip fruit in the chocolate fondue their French "repas."



Mr. Kirk Whiting helps sophomore Emily Ester with a psychology assignment.



Juniors Andrew Seelweckter, Nathan Michalik and senior Krystel Erwin work on their Latin American Christmas fairs.



Ashley Craven listens intently as Mr. Kirk Whiting gives notes about abnormal psychology to his Psychology I class.

Junior Jennifer Perez works on her Latin American Christmas toy for her Spanish III class.



Junior Alexander Schneider makes a sour face as he eats fondue the French students made.



As Chandler Gill takes notes for their government class, Mr. Jeremy Moore elaborates.



Kuamo'o'delo/ Mai ka 'aina 'e mai Foreign Language/ Social Studies

This year, the new French teacher Mr. Ricky Baron worked diligently with the French I, II, III, and IV classes as he installed new French vocabulary into their brains. Senior Mary Norman, a French III student said, "Mr. Baron gives us great activities to work on to build up our vocabulary." Fourth year teacher Mrs. Nancy Pinnick again taught Spanish I, II, III and IV classes. This year, she also taught a Spanish V class. The teachers were really proud of their students.



The social studies department added a new teacher, Mr. Jeremy Moore. Mr. Moore taught government, economics, current events and U.S. history. When talking to Mr. Kirk Whiting, the social studies department head, about the required classes that he and Mr. Moore taught, he said, "You must successfully complete these classes in order to receive a signed diploma." Mr. Whiting also taught Psychology I & II, world history, U.S. history and AP U.S. history.

The French IV class gives cheers to the "newly married couple" Alexander Schneider and Jessie Stryzak. The French class had an authentic French wedding.





Junior Nichelle Riley and sophomore Ashley Oliver follow along from their seats as Mr. Richard Rowan reviews the lesson.



Freshman Ronald Vela puts on a show as he practices line dancing for gym class.



Sophomore Joshua Dawson tries his best to persuade sophomores Joshua Ables and Amanda Ktener how to participate in the River Forest sports program. They can not only keep up on their physical strength, but also play a role in staying healthy.



Sophomore Corey Moreau dribbles down the court to shoot the game winning point against the opposing team in physical education class.



Mr. Heavilin sits at his podium as he leads the class in a discussion on the importance of keeping up with personal hygiene and healthy eating habits.



Senior William Cox stays fit by participating in gym work out time.



Senior Zachary Jasper dominates over the under classmen in a soccer competition during seventh hour gym.



Kino A'o palapala/Ola pono Physical Education/Health

Having a new physical education teacher, all gym students taking gym this year are adapted well to Mr. Richard Heavilin's way of teaching. Mr. Heavilin started the new course by adding new workout procedures and written assignments to the gym agenda. Throughout the semester, Mr. Heavilin prepared his pupils for their final examination which took place at the end of the year. The goal for the gym program this year was to encourage all students enrolled in

physical education to stay healthy and learn how to workout properly on a daily basis.

Also in charge of the health classes, Mr. Heavilin teaches many more things the importance of eating healthy and avoiding drugs. Thanks to Mr. Heavilin's excellent mentoring skills, students understand the negative aspects of drug abuse. The River Forest student body is happy to welcome Mr. Heavilin to the high school for his first year.

Sophomore James Stover races the clock to see how many sit ups he can complete in one minute.





Freshman Charlene Gossage holds her baby doll before class begins.



Band member senior Ann Herring marches while playing her drum before the homecoming pep rally.



Mr. Nick Boersma directs the band as they practice performing for their community.



Junior David Rose gets help with his art project from Mrs. Givens Konseca. This was David's third year in art.



academics

by Ashley Flores

Ms. Erin Ambre plays music on the piano to give her students an idea of what the music is supposed to sound like.



Ms. Erin Ambre's choir class looks over their new music for their performance at the homecoming pep rally.



Hana no'eau / Home Kala Fine Arts / Home Economics

Mr. Nick Boersma, the band director, began the year with preparing a "Phantom of the Opera" performance for the half-time homecoming show. This year's drum majors were Alisha West, Bethany Baker and Nancy Chan. While the band was working on their performance, the choir director, Ms. Erin Ambre, was working to perfect the choir's "Star Spangled Banner" performance. Both the band and the choir performed at most of the school's assemblies. Along with directing choir, Ms. Ambre is also the director of Drama Club. The Drama Club put together

the play "A Murder for Rent".

River Forest's art classes are taught by Mrs. Gloria Komosa. Her classes include art design, drawing and painting, and two-dimensional art and sculpture. The class' assignments and homework consist of various art techniques. In charge of the home economics classes is Mrs. Patricia McNabb. Besides teaching home economics, she also teaches nutrition and wellness, textiles, child development, family relations and consumer education.

Seniors Melissa Potts, Vincent Lopez and Ashley Flores saw their projects for Mrs. Patricia McNabb's textile class. In this class students learn how to follow patterns and how to use a sewing machine.





Freshman Anthony Squires sands a piece of wood to put the final touches on his assignment.



Mr. Paul Blevins stops to think and make corrections on his students' work.



Freshman David Hamilton works enthusiastically on his assignment. Mr. Paul Murray gave challenging projects for his classes.

Freshman Jane Esteph works diligently as she saws her piece of wood for her assignment.



Freshmen Matthew Villapando and William Jones work quietly on their project for Mr. Murray's computer class.



Mr. Paul Murray guides senior Krystal Erwin with her project for woods shop.



La'au Kila / Lolo vila Industrial Arts / Computers

Due to the reconstruction, the industrial technology classes have suffered a great deal. The construction called for the school to move the shops elsewhere. All in all, Mr. Paul Murray and his students were not the happiest people, but they did what they had to do and worked around their obstacles. With all of this confusion, Mr. Murray still managed to teach transportation technology, manufacturing systems and manufacturing processes. To

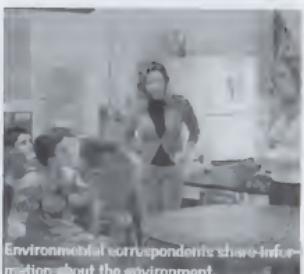
top these classes off, he also taught communication systems, a computer webpage building class.

Mr. Dave Blevins, a newcomer to River Forest, also taught computer classes such as computer applications and advanced computer applications. Along with teaching in the high school computer lab, he also taught in the junior high lab. Both teachers taught exciting courses and students always looked forward to their classes.



Sophomore Manuel Maldonado works with his pictures that he took and used for projects in his computer and technology class.





Environmental correspondents share information about the environment.



Students Lucy Roggman and Alex Meeter patiently awaiting the bell for reading



Freshmen Alex Meeter and Josh Clegg seated at a table listening to the teacher as they instruct the students how to hang Christmas decorations with the help of Mrs. Johnson.



Mrs. Terri Johnson assists sophomores Andrew Pezik and Cory Hrajek unwrap fruit from the boxes to be put in the fruit cart in the high school.

Sophomore Scott Roland prepares a box of fruit to be put in the fruit cart in the junior high.



Freshmen Lacy Roggeman and Margo Morgan stand outside their classroom and wait for popcorn customers.



Freshman Josh Ehrhart and Mrs. Mariam Rodriguez sell popcorn. The students sold popcorn each Friday as a fundraiser.



Mea I wea 'ia Life Skills

Thanks to the great teachers in the life skills department. The class achieved so much this year. The students were able to experience high school life just as any other student would. Mrs. Amy Alessandrini, Mrs. Mariam Rodriguez, Ms. Emily Rosinko and Mrs. Margie Parduhn taught the students skills that they will be able to carry on anywhere in life. The students did activities such as clean the cafeteria, cook in the foods lab, work on art projects, and silent reading, as well as class

work. They also did physical activities in the junior high gym. In order to raise money, all of the students stood in the hallways and sold delicious popcorn. Some of the students helped out the food department by putting out fruit for both the junior high and the high school. The students have also welcomed guests such as the presentors of the environment. During the presentations, the students worked in groups that would stimulate their learning abilities.



All of the students sit in groups as they await the presentors of an assembly. They worked together to make Christmas ornaments. The children took the ornaments home and displayed them proudly on their Christmas trees.

Angelina Aguilar
Anthony Allison
Emilio Arocho
Richard Artim
Brian Bevil
Tyler Billingsley
Vanessa Bravo



Gercia Brown
Melanie Bruce
Sandra Burgos
Corrie Campfield



Sabrina Carter
Jorge Castillo
Julliana Cervantes
Eduardo Chavez



Fabian Chavez
Patrick Coates
Lee Credeur
Shawn Dailey
Tiffany Deaton
Brian Derby
Luis Diaz



Anthony Durr
Joshua Ehrhart
Nathan Embry
Jane Esteph
Ashley Feller
Mychal Ferrell
Justin Fiscus



Brett Fisher
Samantha Flud
Ashley Gebhardt
Aimee Giro



Nicole Goin
Christina Gonzalez
Justin Goodman
Katie Green



David Hamilton
Peyton Hanson
Eric Henry
Erica Herrera
Chester Howard
Jeremy Jansen
Robbert Jarvis



Dennis Jones
William Jones
Andrea Kisner
Michael Kosinski
Jesse Kurina
Brittany Langston
Brittany Law



faces

by Jessica Stryzak



Sonia Lopez
Falon Lucas
Alejandro Macios
Anna Manns
Vicente Marrufo
Patricia Martinez
Stephanie Melendez

Meriah Milliken
Terrance Mister
Margaret Morgan
Matthew Mourning

Saundra Nalley-Ortiz
Ashley Ochall
Adam Ortiz
Anthony Patterson

Nicolas Patterson
Channing Parrot
Dustin Peksenak
Amanda Pennington
Phillip Podrecca
Gabrielle Potts
Ronald Potts

Robert Probus
Anthony Pyzia
Dezirae Renovales
Joseph Rodriguez
Lacy Rogyom
Sara Rolon
Benjamin Saylor

Samantha Sendejas
Bonita Sharp
Nicole Shearer
Kyle Singer

Sherri Sisk
Ronald Skala III
Krystal Slomczewski
Joshua Smith

Ivan Soria
Natalie Sovich
Victoria Sparks
Anthony Squires
Derek Stokes
Alan Stone
Phillip Sublett

Charlene Szparaga
Noreen Szparaga
Nicholas Torres
Alyssa Trinidad
Christopher Tuttila
Alex Tuzinski
Alex Vargas

Ashley Verduco
Matthew Villalpando
Valerie Villarreal
Mycala Walker
Desiree Walley
Krystal Whitten
Corey Windsor



James Witten
Jill Wolfe
William Woolsey



Joshua Ables
Jose Aguirre
Illiana Arocho
Jessica Bandy
Noel Berrun
Jonathan Bojorquez
Matthew Brant



Teresa Bravo
Jessica Cano
Vanessa Cantu
Jorge Castillo



Juan Ceja
Pablo Ceja
Desiree Christian
Ashley Craven



Class of
08

Kristin Crownover
Matthew Crum
Alyssa Cuba
Cory Davis
Megan Davitian
Joshua Dawson
Ronald Delhaye



Chelsea De Mond
Garrison Dixon
Zachary Dreams
James Esteph



Britne Ester
James Freund
Jose Gallagher
Michelle Garcia





Robert Garcia
James Gasaway
James Gildersleeve
Jonathan Graun
Nakita Green
Durica Griffin
Gloria Hardesty



Nicole Hinojosa
Cory Hrnjak
Jonathan Hutson
Mikendra Jones



Amanda Kisner
Amber Lesner
Myka Mc Clelland
Megan Mc Croskey



Caitlin Mc Phee
Gabrielle Medina
Elyssa Meentemeyer
Vanessa Mendoza
Corey Moreau
Nichole Nelson
Ashley Oliver



Nathan Parker
Andrew Pazik
Britney Podenski
Ashley Richardson
Kyoto Rolon
Jacob Romero
Scott Rowland



Daniel Salinas
Joe Schlitz
Matthew Seeba
Stephanie Snow



Brandon Stack
Brittany Stewart
James Stover
Joseph Taylor



Steven Temple
Ashley Thewis
Chelsea Tillberry
Luis Verduzco
Edward Wahl
Amanda Walsdorf



Antonio Arocho

Ulises Ayala

Timothy Bandy

Erica Buckwalter

Cristal Cisneros

Ashley Clark

Jessica Cox

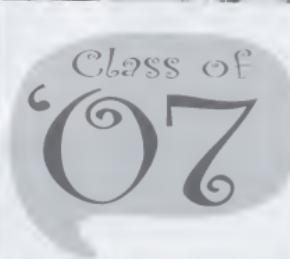


Jonathan Elea

Christina Espinosa

Tasha Esteph

Tiffany Etheridge



Candela Fernandez-Armas

Nicholas Graun

Salvador Guei III

Trenton Halcomb



Stephen Harrison

Erica Havens

Tianna Henderson

Ashley Herrera

John Herring

Yu Chen Hou

Jessica Kemp



Ashley Kisner

Robert Kosinski

Lance Lucas



Nathan Michalik

Mary Miller

Kelly Morgan



Candace Morse

Angelica Narango

Jennifer Ordway

Loren Parduhn

Jennifer Perez

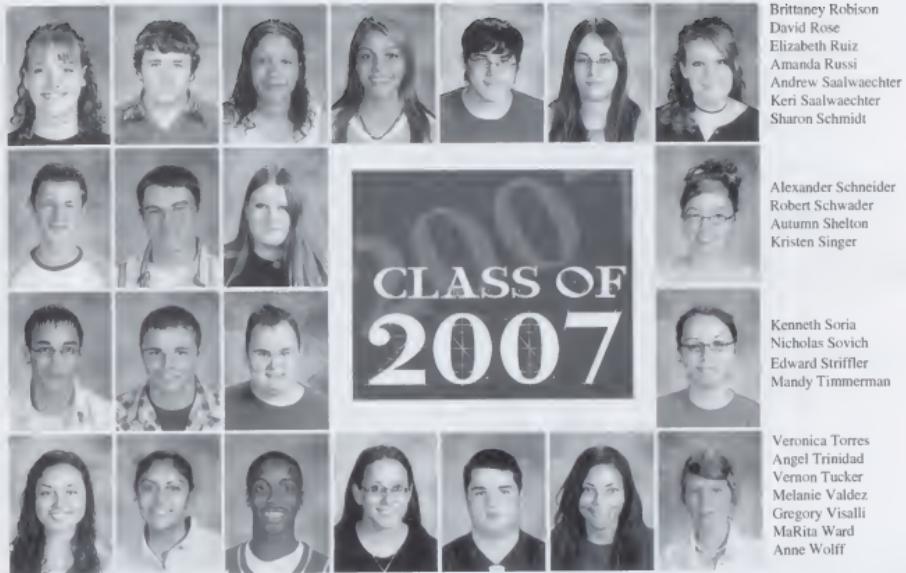
Michael Perkins

Hermine Robinson



faces

by jessica stryszyk



Mrs. Amy Alessandrini
life skills

Mr. Ricky Baron
French I, II, III, IV, yearbook, news-
paper

Miss Francie Blaney
Language Arts 9, 10

Mr. David Blevins
computer applications

Mr. Nick Boersma
concert band, percussion

Ms. Donna Briggs
basic physical education

Mrs. Mary Anno Castellani
attendance secretary

Mr. Rusty Copeland
Algebra II, calculus, trigonometry/
precalculus

Mrs. Lori Cox
paraprofessional

Mrs. Barb Grassl
paraprofessional

Mrs. Rosia Guel
custodian

Mr. Steve Hahr
maintenance

Mrs. Elizabeth Hein
practical math

Mrs. Peggy Hunt
library media specialist

Mrs. Dina Johnson
central office secretary

Mrs. Gloria Komosa
fine arts

Miss Molly Krodel
practical English

Mrs. Brenda McCormack
central office treasurer

Mrs. Sandra Mihalik
Language Arts 9, 12

Mr. Jeremy Moore
government, U.S. history, economics,
current events

Mrs. Debbie Myczak
emotional disabilities itinerant

Mrs. Carrie Nowacki
foods director

Mrs. Eileen Paradine
central office secretary

Mrs. Margie Parduhn
paraprofessional





Mrs. Debbie Pavloff
payroll
Mrs. Nancy Pinnick
Spanish I, II, III, IV
Mrs. Gale Robertson
confidential secretary to principal
Mrs. Miriam Rodriguez
paraprofessional



Mrs. Lee Sonovic
custodian
Mr. Michael Olys
physical science, Chemistry I, II,
Biology I, II
Mr. Jeff Sygit
speech, humanities, language arts
Ms. Tanna Taylor
library assistant



Mr. Kirk Whiting
U.S. history, world history, Psychology I, II



Dr. James Rice
Superintendent

Mr. Gerald McCullum
Assistant to the Superintendent

Mr. Robert Marszalek
Assistant to the Superintendent



Mr. Andrew Wielgus
High School Principal



Ms. Christine Pepa
High School Assistant Principal



From Around the World

This year, River Forest High School has been greeted with many new faces. These faces have come from all around the world. There was a total of eight foreign exchange students. **Mrs. Christine Gaffner**, a

coordinator for Academic Year in America, an organization that helps place foreign students in the United States to help them learn English, was able to place students from all over the globe into local schools in Northwest Indiana.

Three of the eight foreign students that attended River Forest came from Germany. Another two came from

Spain, one from Colombia, one from Turkey and one from Vietnam. The new students participated in extracurricular activities as any American student would. Some participated in cheerleading, volleyball and cross-country.

To explore more of the U.S., many of the students chose to take vacations with their real and host families.



Senior Jessica Stryszky grabs her two foreign sisters seniors Theresa Friedrich and Ayse Ozde for a picture.

The foreign students got together for a picture to take home to their families. Seniors Thu Pham, Ayse Ozde, Cristina Bartl Villa, juniors Candelaria Fernandez Armas and Anne Wolff, and senior Theresa Friedrich.



foreign exchange

by Salvatore Muffoletto



Each of the foreign exchange students from around the globe brought a piece of their culture to the school giving River Forest students a chance to learn about the world around us.

Pictured above are:

1. Ayse Ozdede
2. Anne Wolff
3. Thu Pham
4. Candela Fernandez Armas
5. Lina Isaza
6. Alex Schnieder
7. Theresa Friedrich
8. Cristina Bartl Villa



Club

Academic Spell Bowl

Front row: Jacqueline Michalik, Yu Chen Hou, Ann Herring, Ashley Gebhardt; back row: Mikendra Jones, Matthew Haag, Nathan Michalik, Tyler Billingsley, Brian Derby and Sarah Denton.



Academic Decathlon

Front row: Sarah Denton, Jacqueline Michalik, Yu Chen Hou, Ann Herring, Ashley Gebhardt; back row: Coach Ricky Baron, Matthew Haag, Nathan Michalik, Mikendra Jones and Coach Jim Weitzel.



Academic Super Bowl

Front row: Tiffany Deaton, Sarah Denton, Jacqueline Michalik, Yu Chen Hou, Ann Herring, Ashley Gebhardt; back row: Tyler Billingsley, Brian Derby, Matthew Haag, Nathan Michalik, Carl Kurok, Eunice Bejorquez and Mikendra Jones.



Pictures



National Honor Society

Front row: Jacqueline Michalik, Angela Beaudion, Cristal Cisneros, Sarah Denton; row 2: Ashley Flores, Ashley Clark, Erica Buckwalter, Yu Chen Hou, Zachary Jaepor, Kimberly Saklak; back row: Elycia Delgado, Salvatore Muffoletto, MaRita Ward, Nathan Michalik, Bethany Baker, Lauren Struebig and Timothy Bandy.



Yearbook

Front row: Christina Burgo, Vincent Lopez, Jessica Stryzak, Cristal Cisneros; back row: Jennifer Ordway, Ashley Flores, Lauren Struebig, Salvatore Muffoletto and Kathryn Lyle.

Newspaper

Front row: Ann Herring, Ashley Richardson, Ashley Clark, Vincent Lopez; back row: Sarah Denton, Gerica Brown, Amanda Kisnor, Natalie Sovich, Carl Kurek and Nicole Goin.

Club

High School Band

Front row: Caundra Nallej-Ortiz, Alyssa Trinidad, Ashley Verdugo, Nicole Shearor, Norreen Ssparaga, Dozirae Renovales, Sara Rolon, Yu Chen Hou, Erica Buckwalter, Brian Derby; row 2: Zachary Jasper, Cory Davis, Ariel Ochoa, Mycal Walker, Tiffany Deaton, Valerie Villarreal, Nicolo Goin, Desiree Walley, James Freund, Krystal Whitten, Ashley Gebhardt; row 3: Natalie Sovich, Amanda Pennington, Joseph Schlitz, Britney Podleski, Megan Mc Croskey, Michelle Garcia, Nakita Green, Katie Groen, Mikendra Jones, Sonia Lopez; row 4: James Stover, Tasha Esteph, Hermine Robinson, Ronald Dolhago, Derek Stoker, Kimberly Saklak, Alisha West, Bethany Baker, Elycia Delgado, Kori Saalwaechtor, Jonathan Bojorquez, Jason Lopez, Tyler Billingsley; back row: Mr. Nick Boerema, James Esteph, Andrew Saalwaechtor, Robert Garcia, Brittaney Robison, Garrison Dixon, Jonathan Hutson, Jeremy Maza, William Jones, James Gildersleeve and Matthew Villapando.



High School Choir

Front row: Bonita Sharp, Peyton Hanson, Ashley Foller, Angola Broughton; row 2: Jill Wolfe, Jessieca Bandy, Kristen Singer, Chelsea DeMond, Kyoto Rolon; back row: Devon Burton, Hermine Robinson, Stephanie Snow, Cristina Bartl Villa and Nicole Hinajosa.

Drama Club

Front row: Chelsea DeMond, Alisha West, Sarah Denton, Ann Herring; back row: Ronald Dolhago, Hermine Robinson, Brittaney Robison, Bethany Baker and Cory Davis.

Pictures



Student Council

Front row: Cristal Cisneros, Angelina Aguilar, Yu Chen Hou, Ashley Clark; row 2: Jacqueline Michalik, Amanda Kisner, Nakita Green, James Freund, Julia Horn; back row: Juan Ceja, Elycia Delgado, Ashley Flores, Jessica Strgezkyk, Alisha West and Jennifer Ordway.



Office Assistants

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Web Design

Front row: Dustin Peksenak, Jeremy Jensen, Garrison Dixon, Edward Striffler and Moriah Milliken.





1. Senior **Ashley Flores** and her date, a former River Forest student, share a moment together. 2. Junior **Nicholas Sovich** and freshman **Natalie Sovich** stop to pose for a picture. 3. Senior **Zachary Jasper** and junior **Jennifer Perez** enjoy their long night of dancing. 4. Senior **Angela Boudon** and a former River Forest student use the decorations made by the Senior class. 5. Senior **Therese Friedrich** and sophomores **Brittany Podenski** and **Jessica Bandy** take a break from dancing for a quick picture. 6. Guidance counselor **Jason Quigg** prepares the snack trays before the dance.



activities

by Kathryn Lyle

Turnabout 2006

Turnabout is an opportunity for the ladies to ask the gentlemen of their choice to accompany them to the dance. It is also a tradition for the senior class to organize and sponsor Turnabout.

This year's theme was "Masquerade Mystique." The cost was \$35 for a couple and \$18 for an individual ticket.

Senior Ann Herring stated, "Turnabout 2006 was the best dance I've attended at River Forest." Everyone had a great time

dancing the night away. At first there weren't many tickets sold, but last minute sales ensured that the event would not be cancelled. For decorations, the senior class made masquerade

masks and used them for center pieces. Many students even commented on how well the dance was put together.

Senior Terry Crofton stated, "My favorite part of the dance was when the DJ played *Thunderstruck* for the basketball team!"

2006



Sophomore Matthew Brant shows off his moves on the dance floor.



Junior Jonathan Eloa, senior David Lopez, and freshmen Anthony Allison and Ronald Skala groove to the beat of the music.



Freshmen Ariel Oehoa and Shorri Siek pose for a picture while taking a break from dancing.





1



2



4



3



6



5

1. Seniors Jesse Short and Eunice Bojorquez walk outside for the grand march. 2. Seniors Destiny Perris and Sal Muffoletto share a slow dance. 3. Senior William Cox and junior Kenneth Soria show off their sunglasses. 4. Juniors Jennifer Poroz and MaRita Ward pose for a picture while on the dance floor. 5. Junior David Rosa, escorting senior Theresa Friedtch, walks through the crowd posing for pictures. 6. Seniors Ann Herring, Alisha West and Elycia Dolgodo laugh as they dance along side the rest of the crowd.

'Til the stroke of midnight

At River Forest High School, the Jr/Sr Prom is an end of the year tradition. Prom is a time of year when many seniors make their final memories in their high school career. The memories the students made are ones that will more than likely outlast the others.

'Til the Stroke of Midnight was the theme for this year's 2006 junior/senior prom. The colors for this year's prom were blue and silver. The event took place on April 28, 2006 at White Hawk Country Club in Crown Point, Indiana.

The grand march began at 6:00 p.m. and dinner was at 7:00 p.m. After dessert, students began taking pictures and catching up with all their friends. Some guests were found outside on the deck and others were found inside with their dates.

Around 8:00 p.m., the dancing began and continued for the rest of the evening. The night ended at 12:00 a.m. when students left and went their separate ways.

Throughout the night, that dance floor was usually always full with many people. A variety of music was played throughout the night which ended with a few slow songs.

Senior Theresa Friedrich said, "Only people in 13th grade at home get to go to a big dance, so I'm glad that I got to experience one here. It was a new experience for me because it was expensive and big."

Mr. Jason Quigg said, "It's always nice every year to see kids all dressed up and out of their normal school attire. It seemed like all the students had fun and it was a very nice and enjoyable evening for everyone."

2006



Senior Armando Monehaea pours dressing in his date's salad during dinner.



Juniors Cristal Cisneros and Michael Perkins stop to pose for a picture during the grand march.



Senior Terry Crofton stops by the bar to get him and his date a drink.





A Hui Hou

Till We Meet Again



Class Flower: White Calla lily



Class Colors: Violet and Silver



Class Motto: "A mind that stretches by a new experience can never go back to its old dimensions." - Oliver Wendell Holmes Sr.

The senior class assembled one last time on June 8 to remember the many hours they spent together. The program opened up with the band playing the processional song as the seniors took their final steps toward graduation. After the national anthem, the members of the board came up and spoke to the class of '06. Next, class president Julia Horn, Salutatorian Bethany Baker, and Valedictorian Mikal Minarich gave their last advice to their fellow classmates. During graduation, many seniors received scholarship awards as well as perfect attendance and achievement. The awards were followed by the choir singing a variety of tunes to mellow the crowd

through the emotional times. The part students wait for all their lives came when they began to announce roll call. Students headed one by one to the stage to collect their diploma from Mr. Jason Quigg and Mr. Andrew Wielgus. They shook the hands of Ms. Christine and all the school board members. To end graduation, the seniors turned their tassels, putting an end to the first chapter of their lives and getting ready to begin the next. As some of the seniors wept, the band concluded the ceremony by playing the recessional and the parents watched their children become adults.



Junior Trenton Haleomb helps senior Kristin Morgan after receiving her diploma.

Top 10



Mikal Minarich



Bethany Baker



Jacqueline Michalik



Lauren Struebig



Sarah Denton



activities

by Vincent Lopez



The Senior class of 2006 pauses for a picture during graduation practice.



Seniors Joshua Hazelton, Vincent Lopez, and Zachary Jasper stand for the changing of the tassel.



Before departing their separate ways, the seniors tossed their caps with enthusiasm after graduating.



Senior Julia Horn speaks before the class about the future while remembering the past.



Mr. Jack Burton congratulates senior Angela Beaudion on awards day.



Salvatore Muffoletto



Angela Beaudion



Ashley Flores



Elycia Delgado



Zachary Jasper



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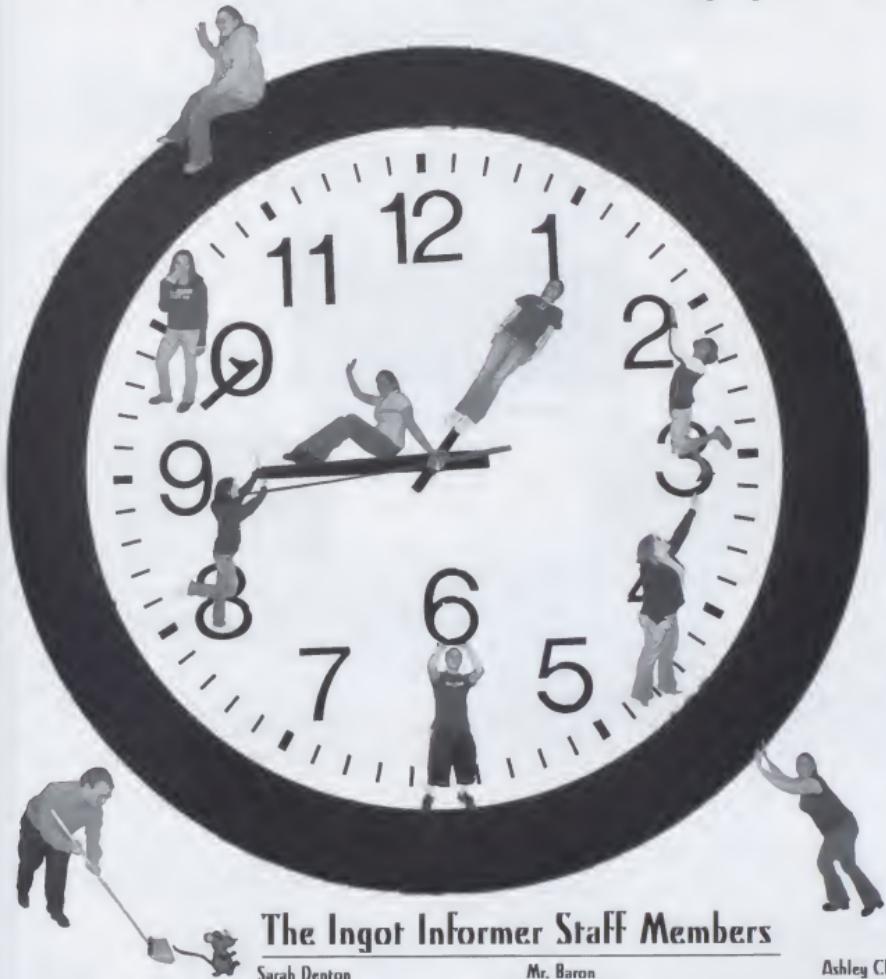
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by Jennifer Ordway

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Vince Lopez
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Academic

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-Coach Baron

Spell bowl



Academic Superbowl



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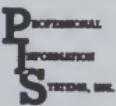
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Chrissy



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Ashley Nichole Flores,

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Ashley
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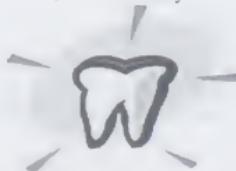
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by Jessica Stryszyk



Jessica Stryzsyk
'06



Jessie,

Well, we can't believe 18 years have come and gone. It seems like just yesterday that you were making those silly baby faces that you still make today. You have made us really proud parents. Please keep the child inside you forever young. Remember as you go on to college and your adult life, to never forget FAMILY, for this is what has defined you. Always keep the caring side of you and that smile for everyone. We have no doubt that everything you touch will turn to gold. Good Luck!

Love,

Mom, Dad, and Lindsey



so not the simple life



Me at 17



On The Bus



Driving a Go-Cart



Senior Trip To Six Flags



Baby And Me



Me in 2003



Shopping



Me helping out at the Blood Drive



GRRR, i'm a baby lion



At The Beach



Spirit Week



Halloween 2005



Cleaning Out Locker



My S naphots



Me at 16 and 6 at Wisconsin Dells



The soon to be cover of GQ magazine

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An average day of Yearbook Class



"Ugghmmm....GUYS"- Mr. Baron

The yearbook staff would like to thank the following people: Mr. Ricky Baron, Mrs. Donna English, and all of the individuals and companies who helped in the funding of this yearbook.

Volume 46 of the *Ingot* yearbook was printed by Walsworth Publishing Company in Marceline, Missouri.

Valerie Tanke was the official sales representative. The yearbook was created using Adobe InDesign 2.0 by ten staff members. The official yearbook photographers were H & R Imaging and Alderson Photography.



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As the year comes to a close, many students look forward to the lifelong challenges that lie ahead of them. Others look ahead to the years of high school still to come. What some students don't realize are that these years are the best ones of their lives.

These are the years that students should live to the fullest; once it's over, there's no turning back. Friendships made here in these halls are the ones that will last a lifetime. But as changes in life occur, so do changes in people. This book allows you to reminisce the days that will be cherished forever.

The last days of school are shared with tears, joys and memories. As the final school bell rings, teachers and students walk out the door saying their final *Aloha*.

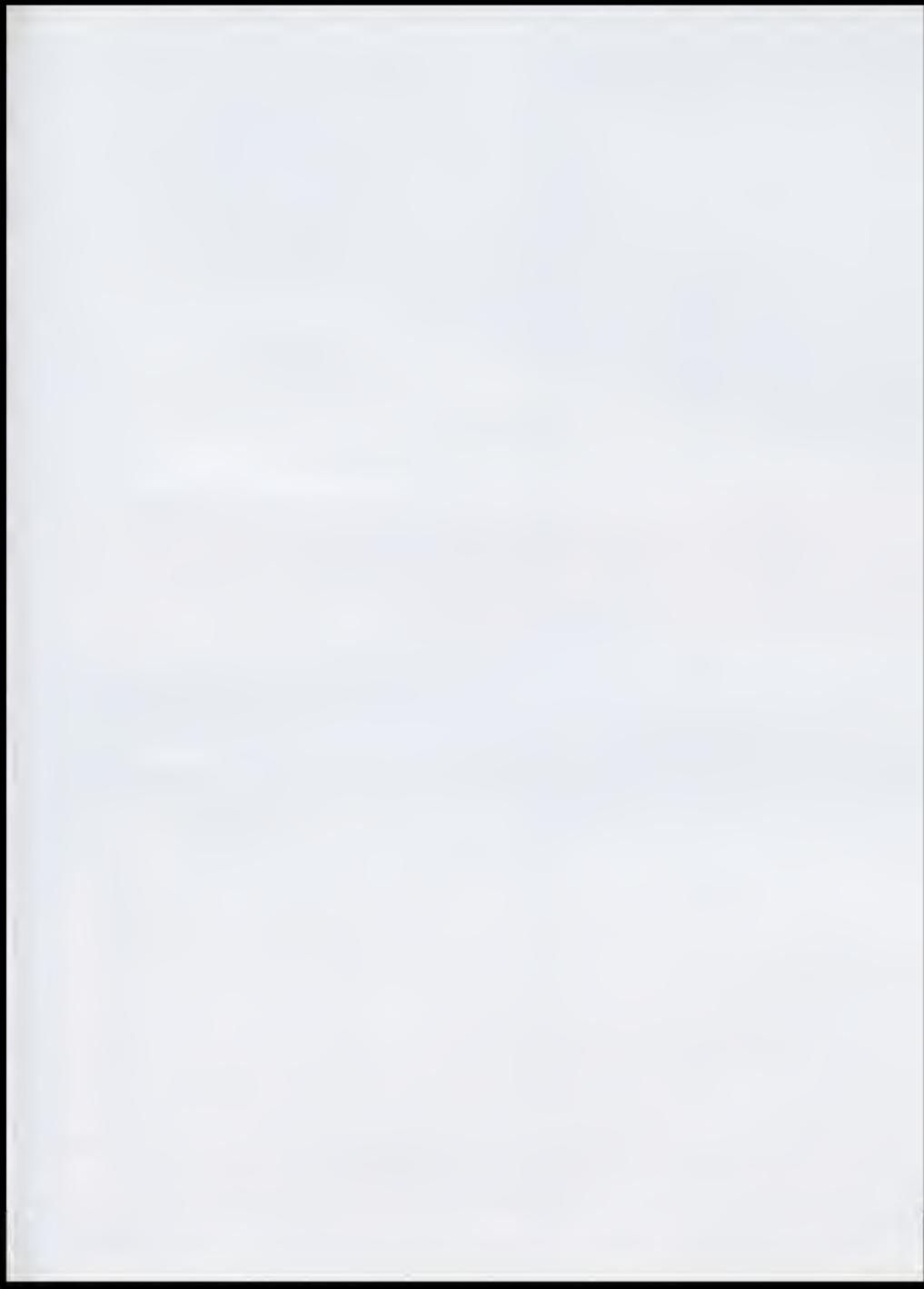


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national/world news | YEAR IN REVIEW 2006

A-D Storm surge

The 2005 hurricane season led to a record 27 named storms – 14 of them hurricanes – with several of them striking the U.S. Gulf and Atlantic coasts. Losses were estimated at \$57.6 billion in the U.S. from hurricanes Katrina, Rita and Wilma, with those first two storms throwing more than 500,000 people out of work. Here's a breakdown of some of the damage:

- Katrina struck the tip of Florida before making a beeline for Louisiana, Mississippi and Alabama on Aug. 29, destroying homes and businesses and taking more than 1,200 lives.
- New Orleans flooded after levees broke, leading to many rooftop rescues. More than 25,000 people, including the 23,000 who fled to the New Orleans Superdome, were sent to Houston's Astrodome for temporary shelter.
- The Mississippi coast took a direct hit, with high winds and 20-foot high waves leveling buildings and even moving casinos off their moorings.
- About 372,000 children from all three states started school in different cities or were being home-schooled; and approximately 18,000 college students from Louisiana spent the fall semester at other universities.
- Rita struck three weeks later in Louisiana and Texas. In one of the largest evacuations ever, 2.8 million people in southeast Texas, including Houston and Galveston, struggled to leave.
- Arlene hit Mississippi and Alabama, while Dennis struck Alabama and Florida. Ophelia stayed offshore of the Carolinas and Virginia and pummeled the area with heavy rains.



A



B



C



D



E

E. Hurricane tragedies widespread

Wilma hit Mexico first, stranding tourists and damaging Mexico's resorts and economy. The tragedy was much greater in Guatemala following heavy rain from Hurricane Stan. More than 650 people died and more than 370 were missing after massive landslides there buried communities. Mexico, El Salvador, Nicaragua, Honduras and Costa Rica also reported deaths and damage from Stan.

Have you made any type of donation to the hurricane relief efforts along the U.S. Gulf Coast?

YES 57.7%

NO 43.3%

Survey results compiled from responses of 2,000 high school students across the nation.

You said it...



Former Iraqi President Saddam Hussein went on trial for crimes against humanity.



A three-day transit strike in New York City stranded 7 million people before Christmas.



Angela Merkel became Germany's first woman chancellor. Ellen Johnson Sirleaf became president of Liberia and Africa's first elected female head of state.

Photo credits: NASA satellite image; B-E AP/Wide World Photos

F. New day in Iraq

Coalition troops, mostly from the U.S., remained in Iraq to put down insurgents as the citizens continued their quest for democracy. Iraqis approved a new constitution in October and their Parliament in December, in an effort to set up their new government.

G. New terrorist attacks

London felt the wrath of Islamic extremists when four bombs went off July 7, killing 56 people and injuring 700. Alarming was the fact that the four suicide bombers were Britons. An attempted attack on July 21 was thwarted and the suspects were caught. Bali, Indonesia, was the site of a suicide bombing again following one in 2002, and three suicide bombers attacked three hotels in Amman, Jordan.

H. More of Mother Nature's wrath

A severe drought provided kindling for wildfires that consumed hundreds of thousands of acres and hundreds of homes and businesses in Texas, Oklahoma, New Mexico, Arkansas and Colorado.

I. Palestinians elect change

Members of the Hamas organization, which calls for the destruction of Israel, won a majority of the seats in the Palestinian Parliament in January. The United States, the European Union and Israel have labeled Hamas a terrorist group, and were carefully watching the change of government.

J. Top court shuffle

Two vacancies were filled on the U.S. Supreme Court. John G. Roberts became the new chief justice, replacing William Rehnquist after his death. Samuel Alito took the seat of Sandra Day O'Connor, who retired.

K. Matriarchs pass on

Rosa Parks and Coretta Scott King, two leaders of the civil rights movement, died within a few months of each other. Parks was remembered for refusing to give her bus seat to a white man in Montgomery, Ala., in 1955. King was the wife of slain civil rights leader Martin Luther King Jr., and she founded the King Center for Nonviolent Social Change in Atlanta to carry on his work.

L. Gas, oil prices heat up

High gasoline prices increased even more following hurricanes Katrina and Rita, which damaged oil refineries in the Gulf region. Prices were up already because of increased summer demand, higher crude prices and less refining capacity worldwide. Winter heating bills also surged as oil companies tried to repair damage and restore production.

Peter Jennings, 67, of ABC's *World News*, caught for 22 years, died of lung cancer.

Western Union discontinued all telegram services after 150 years.

High school senior Michael Serafini was elected mayor of Hinsdale, Ill., beating the incumbent as a write-in candidate.

W. Mark Felt, a 91-year-old former FBI official, revealed he was Deep Throat of the Watergate scandal.

M. Mountain tragedy

A massive earthquake in the mountains of the Kashmir region of Pakistan in October killed more than 79,000 people, injured almost as many, and left about 3.3 million homeless as winter approached. Donations were lacking and relief supplies were slow in reaching the needy.

**N. New Pope**

Joseph Ratzinger, a 78-year-old German cardinal, was installed as Pope Benedict XVI. Benedict, who now leads the world's 1.1 billion Catholics, worked closely in the Vatican with his predecessor, Pope John Paul II.

O. Flu scare for the birds

Medical officials put the world on notice after a strain of avian flu was detected in some isolated human cases in China and Hong Kong. After more cases popped up elsewhere, the World Health Organization urged countries to prepare for a possible pandemic. There were concerns not only about migratory birds spreading the disease, but commercial fowl shipped for consumption.

**P. Nuclear concerns**

The U.S., Great Britain, France and Germany continued to pressure Iran to reduce its nuclear activities, and wanted the United Nations security council to impose sanctions.

**Q. Should they listen in?**

The National Security Agency came under fire for using electronic eavesdropping without warrants. The practice began after the 9/11 attacks to fight terrorism, and while the Bush administration, including Attorney General Alberto Gonzales, defended the practice, others argued it was illegal.



Photo credits: AP/Wide World Photos



The U.N. sought more international aid for Africa, where conflicts and food shortages continued.



Economists estimate China is the world's fourth-largest economy.



Leyan Lo, 20, spent only 11.13 seconds solving the Rubik's Cube puzzle, setting a new record.



J. Lewis "Scooter" Libby, an aide to Vice President Dick Cheney, was indicted in the investigation into who leaked a CIA officer's name.



S. Stroke affects election

Israeli Prime Minister Ariel Sharon suffered a massive stroke three months before March elections. Sharon had formed a new political party, Kadima, and was seeking support at the polls as he attempted to reach a peace agreement with Palestinians.



T. Tsunami recovery

Tourists began returning to areas in Asia where a tsunami swallowed people, towns and livelihoods on Dec. 26, 2004. Aid came from across the globe to the dozen countries that were hit. In the U.S., the relief effort was headed by an unlikely pair — former presidents George H.W. Bush and Bill Clinton.



V. A new money man

Ben Bernanke was appointed by President Bush to be the new chairman of the Federal Reserve board, a position that directs monetary policy for the U.S. and affects your wallet. Bernanke, chairman of the President's Council of Economic Advisers, replaced Alan Greenspan, who was the much-watched Federal Reserve chairman for 18 years.



W

W. ARRG!

An old-fashioned battle of the sea was won with today's technology. Pirates attacked the Seabourn Spirit cruise ship off the coast of Somalia with grenade launchers and machine guns, but never got close enough to board. The cruise ship crew used a sonic device to send an ear-splitting noise toward the pirates, then shifted to high speed and changed course.



More than 1,200 people died when an Egyptian ferry sank in the Red Sea.



Dr. Michelle Bachelet, jailed under a previous dictatorship, was elected president of Chile.



Ted Koppel, who started ABC's *Nightline*, stepped down after 25 years.



Cindy Sheehan, whose son was killed in Iraq, launched protests near President George W. Bush's Texas ranch.

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A-E Games of Turin

Turin, Italy stepped onto the world stage and played host to the Winter Olympics for two weeks in February. It was the largest Winter Olympics ever, with 2,500 athletes representing 82 countries competing in 84 events.

Long-track speedskating turned into one of the American team's best events. Shani Davis (A) won the Gold medal in the men's 1,000 meters and became the first African-American champion in Winter Olympics history. Former inline skating champion Chad Hedrick became an Olympic speedskating champion in the men's 5,000 meters just three years after taking the ice in the sport for the very first time. They were joined at the top of the podium by teammate Joey Cheek, who sprinted to Gold in the men's 500 meters.

Snowboarding was also ruled by the U.S. Shaun White (B), nicknamed "The Flying Tomato" for his bright red hair and acrobatic moves on the extreme sports circuit, won the Gold medal in the Men's Halfpipe. The 19-year old White showed nervousness when he fell during qualifying, but he recovered to win the Gold with a flourish in the finals. Other American winners included Hannah Teter in the Women's Halfpipe and Seth Wescott in the Men's Cross.

Ted Ligety (C) gave the U.S. ski team a boost by winning the Alpine Combined. It was the first Olympic appearance for the relatively unknown Ligety. He became only the fourth American male to win an Alpine Olympic Gold medal.

It was not all positive news for the U.S. Snowboarder Lindsey Jacobellis (D) poignantly summed up the highs and lows of the Olympic journey. Jacobellis was easily racing to victory in the finals of the Women's Cross when she threw too much style into an aerial and crashed. Jacobellis was unable to recover in time to keep her lead, and she was forced to settle for the Silver medal.

Figure skater Michelle Kwan (E) was forced to withdraw because of injury. Several other U.S. stars, including skiers Bode Miller, Daron Rahlves and figure skater Johnny Weir turned in disappointing performances. Figure skater Sasha Cohen, a Gold medal favorite for the U.S., stumbled to a Silver medal after falling during the Ladies free skate.



A



B



C



D Photo credit: AP/Wide World Photos



E



After 36 years on ABC, *Monday Night Football* left the network and moved to ESPN.



Jimmie Johnson won the 2006 Daytona 500.



Tiger Woods won his 10th major championship, taking the British Open for the second time.



F. Men of Steel

The Pittsburgh Steelers capped an improbable championship run by defeating the Seattle Seahawks in Super Bowl XL, 21-10. Pittsburgh was the last team to qualify for the AFC playoffs, and the Steelers made it to the title game by becoming the first team in NFL history to win three straight playoff games on the road. Wide receiver Hines Ward was chosen Super Bowl MVP after he grabbed five catches for 123 yards, including the game-clinching 43-yard touchdown in the fourth quarter.



G. White Sox champs again...finally

The Chicago White Sox eased the pain of long-suffering Windy City baseball fans by winning their first World Series title in 86 years, sweeping the Houston Astros in four games. Chicago was dominant in the playoffs with an 11-1 record.

H. Back on the ice

After losing an entire season to labor strife for the first time in league history, NHL owners and players settled their differences and returned to the rink. The new season arrived with a slew of rule changes as well, designed to speed up the game.



Photo credits: AP/Wide World Photos



Annika Sorenstam remained the top female golfer, winning 10 times on the LPGA tour.



The Los Angeles Galaxy won their second MLS Cup title with a 1-0 overtime victory over the New England Revolution.



Legendary sports broadcaster Curt Gowdy died at the age of 86.

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I. Danica in the driver's seat

Danica Patrick was not the first woman to ever race in the Indy Racing League, but she might have made the biggest splash, qualifying and finishing fourth at the Indy 500, the highest finish ever by a rookie driver. The 23-year-old Patrick went on to win IRL rookie of the year after several top 10 finishes.

J. A bumpy ride

Cyclist Lance Armstrong pedaled his way through another newsworthy year, winning the Tour de France for a record seventh consecutive time, then retiring from the sport, announcing his engagement and break-up to rock star Sheryl Crow and again being forced to respond to doping allegations from the French media.



K. One for the ages

USC's Heisman Trophy teammates, running back Reggie Bush and quarterback Matt Leinart, were not quite good enough to win a third straight college football national title, as the Trojans fell to Texas, 41-38, in the dramatic championship game at the Rose Bowl. Texas quarterback Vince Young stole the show, scoring the game-winning touchdown with 19 seconds left.

L. No more T.O.

Just one year after helping the Philadelphia Eagles reach the Super Bowl, wide receiver Terrell Owens got suspended from the team in mid-season, due to his detrimental conduct. The problems started when the outspoken and controversial Owens got upset that the team would not re-negotiate his contract.

M. Sensational Stewart

Behind a season that included five wins and 24 top 10 finishes, NASCAR driver Tony Stewart won his second Nextel Cup championship. Often referred to in the past as the bad boy of racing due to his short temper, Stewart joined Jeff Gordon as the only multiple Cup winner among active drivers.



Hurricane Katrina forced many New Orleans sports teams, including the NFL's Saints and NBA's Hornets, into playing long stretches on the road.



New studies showed that the high school sport with the largest increase in participation was bowling.



The first World Baseball Classic took place in the spring.

Photo credits: AP/Wide World Photos

Photo credits: AP/Wide World Photos



N. Golden retirement

Considered by many the greatest golfer of his time, Jack Nicklaus decided to retire from competitive golf at the age of 65. Nicklaus won 18 major championships in his career, more than anybody in history. In his final round at the British Open, Nicklaus ended in style by sinking a 15-foot birdie on the final hole.

O. Two of a kind

The San Antonio Spurs and Detroit Pistons, respective winners of the previous two NBA championships, continued their domination. The two teams met in the 2005 NBA Finals, with the Spurs winning in seven games. Both rolled along during the 2006 season, compiling two of the best records in basketball by the All-Star Break.



Los Angeles Lakers guard Kobe Bryant scored 81 points in one game, the second highest individual total in NBA history.



P. Cleaning up the game

Baseball's steroid use scandal continued, with many high-profile players even testifying at Congressional hearings. Baltimore Orioles star Rafael Palmeiro denied use, then tested positive and was suspended during the season. After the 2005 season, Major League Baseball instituted a stricter steroid testing policy.



USC running back Reggie Bush won the Heisman Trophy in a landslide vote.



Swiss tennis star Roger Federer stayed number one in the world by winning Wimbledon, the U.S. Open and the Australian Open.

A. Shuttle back in orbit

Two years after the Columbia tragedy grounded NASA's manned space flight program, space shuttle Discovery returned NASA to outer space with a successful two-week mission. However, anxious moments came after foam insulation knocked loose on take-off caused a two-day delay in Discovery's return to Earth.

**B. Science or religion?**

Communities and school districts ferociously debated the merits of Intelligent Design, a concept that asserts certain aspects of the living world seemed to be caused by an intelligent source, rather than a random process such as natural selection. Opponents claimed it was religion masquerading as science, while proponents insisted it should be a respected point of view.

C. Space tourist

American scientist Gregory Olsen paid \$20 million for a 10-day trip to the International Space Station. Olsen, the co-founder and chairman of his own fiber-optics company, made the trip aboard a Russian rocket and became only the third civilian to become a "space tourist."

**D. 360 around the world**

Microsoft released its newest gaming system, Xbox 360, just in time for the holidays and prompted shoppers to camp out in lines to gobble them up. The consoles were also launched with a new expanded service from Microsoft that allowed gamers worldwide to play one another.

**E. Generation MySpace**

Teens continued becoming more immersed in the internet. MySpace.com, an online social community geared toward young adults and musicians, became one of the fastest-growing websites on the internet. Just two years old, MySpace's membership approached 50 million users and began getting more hits than Google and AOL. Elsewhere, popular online encyclopedias like Wikipedia started to be viewed as viable reference tools, despite debates regarding its accuracy.



Ocean researchers in Japan captured photos of a giant, 60-foot squid, thought to be one of the largest creatures in the sea.



Stern cell scientist Woo Suk Hwang was accused of fabricating lab results.



Clark, Texas, a suburb of Fort Worth, officially changed its name to Dish, Texas, in order to win 10 years of free satellite TV service from DISH Network.



F

F. Lost World

Conservation groups on an expedition into the remote tropical jungles of Indonesia discovered dozens of new animal and plant species. The scientists reportedly found up to 20 new types of frogs and a species of tree kangaroo (pictured) that was previously thought to be extinct.

G. Park for free

Salt Lake City joined a growing list of American cities that began offering free metered downtown parking for more environmentally friendly vehicles. To qualify, cars needed to get at least 50 miles to the gallon or be a hybrid powered by an alternative fuel. Other cities that offered similar programs included Austin, Texas and New Haven, Conn.

H. Landmark surgery

Doctors in Miami successfully removed a 16-pound tumor from the face of Marlie Casseus, a 14-year-old Haitian girl suffering from a rare genetic disorder. Casseus was brought to the United States for the procedure after aid workers in Haiti discovered her case. Donations from all over the world helped Casseus' family pay the medical bills.

I. Monkey business

A group of American scientists announced that they successfully decoded the DNA of the chimpanzee, considered the closest relative to humans in nature. By comparing the chimp DNA to human DNA, the doctors hoped to discover the root of various diseases.



G



H



I

Myspace.com 25.7%

Google 11.5%

Xanga.com 5.7%



NASA launched the New Horizons probe, with a planned trip to explore the planet Pluto expected to take 10 years.



Due to high costs, Sony pulled the plug on Aibo, its robotic dog program.



Australian doctors Barry Marshall and Robin Warren won the Nobel Prize in Medicine for their break-through research on stomach ulcers.

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A. By George, a great year

Already one of America's most popular movie stars, George Clooney added critical acclaim to his resume by earning two Oscar nominations. Clooney received a Best Supporting Actor nod for his role as a CIA spy in the thriller *Syriana*, and a Best Director nomination for the Edward R. Murrow biopic *Good Night, and Good Luck*, which also was nominated for Best Picture.



A



B

B. A slice of real life

The films honored with Best Picture Oscar nominations relied heavily on real events. *Munich* told the story of fallout from the terrorist attacks at the 1972 Olympics, *Good Night, and Good Luck* focused on 1950s TV journalist Edward R. Murrow, and Capote examined the life of famed writer Truman Capote. Other Best Picture nominees included *Brokeback Mountain* and *Crash*.



C

C. King of the mountain

An updated version of the classic tale of *King Kong* made it into theaters around New Year's. The big-budget, special effects blockbuster once again told the story of the giant ape discovered on a mysterious tropical island, who is brought to Depression-era New York as a sideshow act.



D



E

D. May the force be with you... always

The long-awaited final movie in the Star Wars saga, *Revenge of the Sith*, dominated the box office and became one of the highest grossing films of all-time, earning nearly \$400 million. Despite the critical and financial success of *Sith*, series creator George Lucas vowed the story was over and no more Star Wars movies would be made.

E. Not Lost on the audience

Lost, ABC's adventure series about a group of people stranded on a mysterious island after a plane crash, won Best Drama Series at the Emmy Awards and continued to attract nearly 20 million viewers each week.



Joaquin Phoenix and Reese Witherspoon both got Oscar nominations for playing Johnny and June Carter Cash in *Walk the Line*.



Popular children's tale, *Chronicles of Narnia: The Lion, the Witch and the Wardrobe*, was made into a hit movie.

What is your favorite type of music?

Rap/Hip-hop - 27.9%



Rock - 26.5%



Country - 15.8%



You said it...



F



G



H



I



J



K

Photo credits: G) CBS/Landov; F, H, I, J, K) AP/Wide World Photos

F. Back in the spotlight

After her career seemed derailed due to a series of highly publicized emotional troubles, R&B singer Mariah Carey staged a huge comeback when her new album, *The Emancipation of Mimi*, ended up as the highest seller of the year. The record earned Carey three Grammy awards.

G. Can't get enough CSI

TV viewers continued to be infatuated with CBS' batch of crime dramas. *CSI* was still the most watched show on network TV. *CSI: Miami* and *CSI: New York* also drew huge ratings.

H. 50 Cent worth millions

Rapper 50 Cent put out another hit album, with *The Massacre* selling more than 5 million copies. He also starred in the hit movie *Get Rich or Die Tryin'*, which was loosely based on his life story.

I. Potter mania rampant again

Release of the sixth book in the popular Harry Potter series created quite a stir. *Harry Potter and the Half-blood Prince* sold more than 10 million copies, and author J.K. Rowling stunned many readers by killing off one of the story's main characters. The latest Harry Potter movie (based on the fourth book), *Harry Potter and the Goblet of Fire*, ruled the box office in the fall.

J. Familiar faces

Ratings showed that several familiar TV shows continued to be big hits with the young teen audience. *Gilmore Girls*, *The OC*, *Smallville* and *Veronica Mars* were among those that stayed popular.

K. Penguins everywhere

Documentary film *March of the Penguins* drew in nearly \$80 million at the box office, a previously unheard of figure for its genre. Critical praise and positive word of mouth helped the movie, which fascinated millions with its story about the mating rituals of penguins at the South Pole.

Wedding Crashers was the comedy hit of the year, raking in more than \$200 million.



Gwen Stefani released her first solo album, which included number one hit song "Hollaback Girl."

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L. Whole new idols

Carrie Underwood won the fourth season of musical reality TV show *American Idol*. By the spring, 24 new hopefuls were picked as finalists for the fifth season. Meanwhile, past winners Kelly Clarkson and Fantasia became the first *Idol* alums to earn Grammy nominations.

M. Womack wins

Straying away from the trend of pop-infused country music, Lee Ann Womack was rewarded with three wins at the CMA Awards. Womack's traditional country record, *There's More Where That Came From*, won Album of the Year and her ballad "I May Hate Myself in the Morning" won Song of the Year.

N. The first lady

So when will the U.S. have a female president? In the world of fictional TV, it happened this year. ABC's *Commander in Chief* cast Geena Davis in the role of the president, and the drama series became the highest-rated new show on the air.

O. Gone, but not forgotten

Famed American comedian Richard Pryor died after a long battle with multiple sclerosis. Other noteworthy entertainers to pass away included R&B singer Luther Vandross, actresses Anne Bancroft and Shelley Winters, and actor Pat Morita, the beloved Mr. Miyagi from *The Karate Kid* movies.

P. 8 is enough

On the 20th anniversary of his famous charity concert Live Aid, music producer Bob Geldof reprise the event by staging Live 8, a series of charity concerts that took place in eight countries during the first week of July. Estimates indicated that more than one million people attended and more than 1,000 musicians performed at Live 8.



L



M



N



O



P



Green Day won five honors at the MTV Music Video Awards.



Shock jock Howard Stern jumped to satellite radio, signing a \$500 million deal with Sirius.

Photo credits: AP/Wide World Photos



Q. Good works rewarded

U2 lead singer Bono received another prestigious honor, but this one had nothing to do with his music. Bono, along with Microsoft founder Bill Gates and his wife, Melinda, were chosen Persons of the Year by *Time* magazine for their global charitable efforts to fight poverty and disease.

R. Kanye keeps up

Controversial rapper Kanye West made headlines for his music, with his latest album *Late Registration* earning eight Grammy nominations, and for his mouth after he criticized President George W. Bush's handling of Hurricane Katrina.



S. A new job with Disney

Steve Jobs, co-founder and CEO of Apple Computers, strengthened his status as a pop culture icon after his Pixar Animation Studios, the creator of popular computer animated movies like *The Incredibles* and *Toy Story*, agreed to a merger with longtime partner Walt Disney Pictures. In the process, Jobs became the largest shareholder in Disney.

T. A million questions

Author James Frey garnered critical acclaim for his best-selling self-help memoir *A Million Little Pieces*, which told the story of how he overcame a life of crime and drug addiction. However after much public scrutiny, Frey admitted that large portions of the book were exaggerated and embellished.

U. Back on the air

A grassroots fan-movement, driven largely by DVD sales, prompted Fox to bring back animated comedy series *Family Guy*. The show, centered on the wild antics of an off-the-wall Rhode Island family, a diabolical one-year old baby and their talking dog, had been cancelled by Fox in 2002.



Popular Newlyweds Jessica Simpson and Nick Lachey called it quits.



Oprah Winfrey celebrated the 20th anniversary of her popular daytime talk show.



Five movies starring 11-year old actress Dakota Fanning were released, including *War of the Worlds*.

trends

YEAR IN REVIEW 2006**A. I want my iPod TV**

When Apple Computers developed the latest generation of its popular iPod digital music player, users were thrilled to find they could now download video files. In the first three weeks of the new service, iPod users bought more than one million video podcasts.



A

B. Movies at home

Box office numbers were down and movie theaters sold fewer tickets, but many industry analysts said the decline was due to the growing number of people with high-tech home theaters simply choosing to wait a few months for films to go to DVD.



B

C. A chip in poker craze

While some analysts think poker peaked in popularity, the card game remained a pastime, with some teens holding supervised games at home and watching tournaments on television. Some adults spoke out against teens playing poker, since it is gambling.



C



D



E

D. Digital revolution

Downloadable digital music continued to drastically alter the recording industry. Studies showed that the sales of CDs and albums were down eight percent over the previous year, while sales of digital singles increased 150 percent.



F



G

E. Play for work

It's not just fun and games. More colleges began offering courses and degrees related to video games as the industry becomes serious business. The colleges are feeding a demand for skilled developers and technicians.

F. Blog this

A study showed that half of all teens and 57 percent of teens who use the Internet have created a blog or website or posted something online. The study by Pew Internet and American Life Project was conducted to look at falling newspaper readership.

G. Shrug it off

For dressing up this year, shrugs and gauchos were the rage for girls of all ages, while other students who wanted to dress down did not even bother with regular clothes — they just wore their PJs to school.

Do you own an iPod? If so, are you still using it to play music or download music and video?

YES 56.7%

NO 43.3%

Survey: It's compiled from responses of 2,000 high school students across the nation.

What's the trendiest clothing accessory this year?

Sweater poncho 10.7%

Ripped jeans 9.1%

Boots/Ugg Boots 6.3%

